Dànke

(Bulgaria)

Dàanke is a men's dance from the village of Kavrakirovo, West Pirin Mountains.

Pronunciation:	
CD: Cassette:	IBLD#8, "Bulgarian Folk Dances—Summer 2001," Band 8. "Bulgarian Folk Dances—Summer 2001," Side A/8.
Rhythm:	The dance consists of a slow figure and a fast figure. Slow figure: $8/8 + 5/8$ (SQSQS) counted as $1,2,3,4,5$. Fast figure: $11/8$ (QQSQQ) counted as $1,2,3,4,5$.
Formation:	Open circle of M, hands joined in W-pos, moving in LOD, leader on R.
Steps and Styling: Leader holds a handkerchief in R hand.	
Meas	Pattern
4 meas	INTRODUCTION. Slow melody. No action.
13/8 I.	SLOW FIGURE (SQSQS counted as 1,2,3,4,5)
1	Facing in LOD, lift on the L while the R ft slowly goes from high curve to kick fwd to the R side (ct <u>1</u>); lift on L (ct 2); step on R to R side (ct <u>3</u>); lift on R while the L ft does a very high curve from bkwd to fwd (ct 4); step fwd on L to R side (ct <u>5</u>).
2	Lift on L while the R ft slowly goes from high curve to kick fwd to the R side (ct <u>1</u>); lift on L (ct 2); step on R fwd to R side while turning the body to face ctr (ct <u>3</u>); bend the L ft very high across the R ft (ct 4); hold (ct <u>5</u>).
3 4	Facing ctr, lift on the R while kicking with the L ft fwd (ct <u>1</u>); lift on R while bending the L ft very high (ct 2); step on L behind R (ct <u>3</u>); low leap bkwd onto R (ct 4); step bkwd on L (ct <u>5</u>). Facing in LOD, step fwd on the R in LOD (ct <u>1</u>); lift on R (ct 2); step fwd on L in LOD (ct <u>3</u>); bending the L knee, turn body to ctr and bend the R knee across the L ft (ct 4); straightening the L
11/8 II.	knee, turn the body and the curved R ft to the R side of the circle (ct 5).
1 1	<u>FAST FIGURE</u> (QQSQQ counted as 1,2,3,4,5) Facing in LOD, lift on L (ct 1); low leap fwd in LOD onto R (ct 2); lift on R (ct 3); lift on R (ct 4); low leap fwd in LOD onto L (ct 5).
2	Low leap fwd onto R (ct 1); low leap fwd in LOD onto L (ct 2); low leap fwd in LOD onto R and step fwd in LOD on L (ct $\underline{3}$); low leap fwd in LOD onto R (ct 4); low leap fwd in LOD onto L (ct 5).
3	Lift on L (ct 1); low leap fwd onto R while turning the body to ctr (ct 2); lift on L while touching the R toes diag R (ct $\underline{3}$); lift on L while bending R sole across L ft (ct 4); hold (ct 5).
4	Facing ctr, lift on R (ct 1); low leap onto L behind R ft (ct 2); lift on L while touching with the R toes diag R (ct $\underline{3}$); lift on L while bending R sole across L ft (ct 4); hold (ct 5).
SEQUENCE:	Introduction: slow melody Fig I, Slow Figure: 8 times Fig II, Fast Figure: 8 times

Presented by Iliana Bozhanova FOLK DANCE CAMP - 2001

Dànke-continued

Danke

