DANS DIN CAS

Dans Din Oas (Dahns Dean Oh-ahsh) means "Dance from Oas". It is a couple dance from the area of Oas in the north of Romania, next to the Russian border. This dance was learned by Mihai David while performing with the Romanian State Folk Dance Ensemble in 1965.

MUSIC:

LARK

FORMATION:

Couples facing ctr of circle or anywhere on the

floor. The W is on the M L side, with the W R hand

on the M L shldr, free arms hang down.

RHYTHM:

S-Q-S-Q-S

BASIC STEP:

Bounce (ct 1 &), bounce (ct 2), bounce (ct 3 &),

bounce (ct &), bounce (ct 4 &).

MUSIC: 4/7

PATTERN

Meas.

1-5 INTRODUCTION:

FIG I: BASIC STEP IN PLACE

- Do 5 bounces in place -- accent is on the down beat.
- 2-9 Repeat meas 1, 8 more times.

During each meas turn from L to R about 1/8 turn.

FIG II: TURNING

In place bounce on both ft (ct 1 &), repeat ct 1 (ct 2), bounce on R lifting L (ct & 3), bounce on both ft (ct &), bounce on L lifting R (ct 4 &).

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- W turning in place, M, moving CCW around W, do 7 side to side waddle steps R (ct 1, &, 2, &, 3, & 4).
- 3-9 Repeat meas 1-2,3 1/2 more times. The Fig ends with meas 1.

FIG III: JUMPS AND CLAPS

- Repeat Fig I, meas 1 except with jumps rather than bounces and larger body turns.
- 2 Repeat meas 1, except both M & W clap with each jump on down beat.
- 3-9 Repeat meas 1-2, 3 1/2 more times. Fig ends with meas 1.
 W R hand returns to M L shldr on each odd meas.

FIG IV: CLAPS FWD & MKWD

- Repeat Fig III, meas 2 with claps in place and no turning of body.
- Repeat Fig III, meas 1, traveling fwd on 1st jump, bkwd on 2nd jump, in place on 3rd jump, in place but twisting feet and knees to L for 4th jump, and R for 5th jump.
- 3-9 Alternate meas 1-2, 3 1/2 times more. Fig ends with meas

 1. W R hand returns to M L shldr on each even meas.

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