

DEBKA RAFIACH

Dance and music: Folk
Tikva LP 80

Formation: Line, hold hands, face center, move CCW

PART ONE

- 1: Right heel fwd, touches floor
- 2: Hold
- 3: R touches next to L
- 4: Hold
- 5: Right heel fwd, touches floor
- 6: Hold
- 7: Close R to L
- 8: 1/4 turn on R to right side
- 9: L fwd
- 10: 1/4 turn on L to left side
- 11: Close R to L
- 12: Hold
- 13-16: Bounce 4 times, just raising heels off floor
- 17-32: Repeat 1-16

PART TWO

- 1: R points in front over L
- 2: 1/4 turn on L to right side
- 3: R fwd
- 4: Hold
- 5: L fwd
- 6: 1/4 turn on L to left side
- 7: Close R to L
- 8: Hold
- 9-48: Repeat 1-8 five more times

Continued...

PART THREE

- 1-4: Jump 4 times, feet together
- 5: R stamps fwd. Right shoulder fwd, bend down
- 6: Stamp again, R fwd
- 7: Close R to L, body raises
- 8: 1/4 turn on R to right side
- 9: L fwd and 1/4 turn to left side
- 10: R to right side
- 11: Close L to R
- 12: Hold

PART FOUR

- 1: R to right side, turn head to right side and right shoulder fwd
- 2: L crosses behind R, shoulder bwd
- 3-8: Repeat 1-2 three more times
- 9-16: Repeat 1-8 but turn head to left side on count 9
- 17-32: Repeat 1-16

PART FIVE

- 1: R stamps in front over L, bend down, right shoulder fwd
- 2: 1/4 turn on L to left side
- 3-4: Face CCW. Step-hop fwd on R
- 5-7: 3 steps fwd LRL
- 8: 1/4 turn on L to left side
- 9-48: Repeat 1-8 five more times

PART SIX

- 1: Face CW. R stamps to right side, body down
- 2: Stamp R again and 1/2 turn on R to right side, body up
- 3: Face CCW. L stamps to left side
- 4: Stamp L again and 1/2 turn on L to left side
- 5-8: Repeat 1-4

Continued

- 9: Face center. Jump both feet apart, R in front, L bwd (lunge)
10: Reverse jump, L in front, R bwd
11: Jump and close feet
12: Hold

This description is one of many variations