

Presented by Yves Moreau

DENINKA

(Bulgaria)

DEH-neen-kah

This women's dance was learned by Yves Moreau from Ilija Vretenarov in the village of Kavrakirovo near Petric in Southwest Bulgaria. The dance is especially popular in the area around the village of Kulata on the Bulgarian-Greek border.

Music: Balkanton BHA-734 or special cassette (Y. Moreau). 7/16 SQQ

Rhythm 7/16 (S, Q, Q) ~~1-2-3-4-5-6-7~~ (3-22)

Formation: Open circle, W pos. - hands joined at shoulder height. Face center, wt on L ft.

Style: Posture erect, small steps, demeanor is reserved, quiet and feminine. *light & bouncy, all holds become bounces except where noted*

MEASUREDESCRIPTION

No introduction *wait 8 meas (1 phrase)*

BASIC PATTERN

- 1 Step bkwd on R, lifting L, knee bent, lower hands to sides (1)
~~Hold (cts 2,3)~~ *small bounce on R as R draws to L shins (cts 2,3)*
- 2 Step fwd L, leaving R in place, return hands to W pos. (1)
Rock back on R (&) rock fwd on L (2) Hold (3)
- 3 Facing slightly R of ctr, moving in LOD, step R (ct 1).
Step L (cts 2,3)
- 4-5 Continuing in LOD, step R,L,R (cts 1,2,3). Step L,R,L (cts 1,2,3)
- 6 Small leap fwd onto R (ct uh) small leap fwd onto L (1) swing
R ft around and step across in front of L, facing ctr, bring
L ft up behind R calf, R knee bent; bend fwd a little from waist
and look to L (ct 2) Hold (ct 3)
HANDS: Lower to hip level on ct 2. Hold (ct 3)
- 7 Return hands to W pos. and rock back on L (ct 1) rock fwd on R
(ct 2) rock back on L (ct 2) *hold (ct 3)*
- 8 Step bkwd on R (ct 1) Close L to R with a bounce (ct 2) Hold (ct 3)
in place NO BOUNCES