

















ARKADIKÓS HORÓS (DIPLÓS)
(Arkadia, Greece)

- Source:** The Arkadikós Horós (ar-kah-thee-KOHS ho-ROHS) is a dance which is from the area of Arkadia in Peloponnesos, Greece. It is sometimes called a "Diplós Horós" which means a double dance, or two dances put together to make one. This particular version is from the village of Botiá (Palaiópirgos) in Mantineía, Arkadiá. The song and the steps were learned from my great-uncle, Thodorís Pappáyiorgas, and my grandfather, Yánnis Pappáyiorgas, as they did it in their village of Botiá. There are other possible tunes for this dance, but the one they used was always "Yiórgis O Marathianós." Basically, this is a kalamatianós and a tsámiko joined together. In Thessalía there is a diplós horós with the Stá Triá joined to a tsámiko.
- Music:** Folk Dancer 4051-B. 7/8 plus 6/4 (3/4) meter.
- Formation:** A broken circle with hds joined at shoulder height, elbows down. The hds should not be pushed fwd into the circle, but should be comfortably back near the shoulders.
- Characteristics:** This dance is for both M and W. The M can be more energetic in their styling than the W. It is basically a Pidichtós or leaping dance and the style should have an up and down feeling.

<u>Meas</u>	<u>Ct</u>	<u>Pattern</u>
7/8		(<u>KALAMATIANÓS</u>)  or 
	I	 Wt on L ft, lift L heel.  Step sdwd to R on R ft.  Step behind R ft on L ft.
	II	 Step sdwd to R on R ft.  Step across in front of R ft on L ft.
	III	 Step across in front of R ft on L ft.  Step sdwd to R on R ft.  Step next to R ft on L ft.
	IV	 Step in place on R ft.  Step in place on L ft.
V-XVI		 Repeat action of above meas I-IV three more times (four in all).
3/4		(<u>TSÁMIKOS</u>) 3 cts per meas: 
	I	 Step sdwd to R on R ft.  Step across in front of R ft on L ft.
	II-III	Repeat meas I

ARKADIKÓS HORÓS (DIPLÓS) (continued)

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| IV | d | Step sdwd to R on R ft. |
| | ● | Hop on R ft, swinging L ft behind the R leg. |
| V | d | Step sdwd to L on L ft. |
| | ● | Step across in front of L ft on R ft. |
| VI | d | Step sdwd to L on L ft. |
| | ● | Hop on L ft, swinging R ft in front of and close to L leg. |
| VII-XXIV | | Repeat action of above meas I-VI three more times (four in all). |

Dance repeats from beginning (Kalamatianós).

Presented by John Pappas