

DØLA MASURKA

Norway

RECORD: RCA (LP) NES 65, (Gammal Masurka), side 2, band 1,  
or any slow masurka.

FORMATION: Couple dance, any number of couples moving LOD in  
shoulder-waist pos.

STEPS: Sideways-masurka step, turning-masurka step CW  
(Character is light and springy)

SIDEWAYS-MASURKA STEP:

Moving in LOD the step is the same for both M and W  
except W beg on opp ft.

- Ct 1 L ft to L side, small dip mostly in the ankle.  
& Close R to L  
2 Step L to L, but shorter, with a slight dip in  
the L knee.  
3 Close R to L with a soft dip, stretch and  
step R.

TURNING-MASURKA STEP:

Women: Transition: Starting on R, W dances RLR  
slightly fwd and to her R

Masurka step: Same as sideways-masurka step  
leading with L and at same time turning CW.

Turning in a CW direction, the step is the same  
for both M and W except W begin on opp ft.

- Ct 1 L to L and slightly back  
& Stretch and twist gently while closing R to L.  
2 Place R close to L and dip as the turn continues.  
3 Stretch and move R fwd, step on R and dip  
slightly, then stretch up.

CONT. —

1971 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Masurka-continued

SEQUENCE:

- A. Dance 2 or more sideways masurka-steps LOD. M starts on L, W R.
- B. Make 1/2 turn CCW ~~on one two-step~~ w/ 3 WALKING STEPS (W R L R, M L R L)
- C. Dance 2 or more sideways masurka-steps LOD, this time starting with M R and W L. w/ 3 WALKING STEPS (W L R L, M R L R)
- D. Make 1/2 turn CW ~~on one two-step~~.
- E. Turning masurka-steps CW, one turn on each step. Any number of turns.
- F. Two-steps CCW, 2 steps for each turn.

One may alternate freely between masurka-turn CW and the CCW turn, but usually there are sideways masurka-steps between the two turns.