

1971 SAN DIEGO STATE COLLEGE-FOLK DANCE CONFERENCE

Presented by Ingvar Sodal

DOLA MASURKA
Norway

RECORD! RCA (LP) NES 65, (Gammal Masurka), side 2, band 1 or any slow masurka

FORMATION: Couple dance, any number of cpls moving LOD in shoulder-waist pos.

STEPS: Sideways masurka-step, turning masurka- step CW

CHARACTER: Light and springy

STEPS: SIDEWAYS-MASURKA STEP:

Moving in LOD the step is the same for both M and W except W beg on opp ft.
Ct 1 L ft to L side, small dip mostly in the ankle.
& Close R to L
2 Step L to L, but shorter, with a slight dip in L knee
3 Close R to L with a soft dip, stretch and step R

TURNING MASURKA-STEP

Women: Transition: Starting on R, W dances RLR slightly fwd and to her R
Masurka-step: Same as sideways masurka-step leading with L and at same time turning CW.

Turning in a CW direction, the step is the same for both M and W except W begin on opp ft.

Ct 1 L to L and slightly back
& Stretch and twist gently while closing R to L.
2 Place R close to L and dip as the turn continues.
3 Stretch and move R fwd, step on R and dip slightly, then stretch up

Continued...

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Masurka-continued

SEQUENCE:

- A. Dance 2 or more sideways masurka-steps LOD. M starts on L, W R.
- B. Make 1/2 turn CCW ~~on one two step.~~ with 3 walking steps (CW RLR, M LRL)
- C. Dance 2 or more sideways masurka-steps LOD, this time starting with M R and W L.
- D. Make 1/2 turn CW ~~on one two step.~~ with 3 walking steps (CW LRL, M RLR)
- E. Turning masurka-steps CW, one turn on each step. Any number of turns.
- F. Two-steps CCW, 2 steps for each turn.

One may alternate freely between masurka-turn CW and the CCW turn, but usually there are sideways masurka-steps between the two turns.