

DOSPATSKO HORO  
(Bulgaria)

Learned by Yves Moreau in December, 1969, from Nasko Dimitrov, Smoljan, Bulgaria. The dance comes from the small town of Dospat in Smoljan district. It is done by the Bulgarian-Mohammedans in the western part of the Rhodopes.

Music: Balkanton BHA 734. Side 1, Band 3. 7/8 meter: 1-2-3, 1-2, 1-2.  
Counted here as 1,2,3.

Formation: Originally taught in segregated lines, M using shoulder hold, W using hand hold, "w" position. When done in mixed lines, use hand hold. Face ctr. Wt on L ft..

Style: Smooth, quiet, controlled - somewhat heavy in feeling. Has a Macedonian flavor. Arms move up and down with the rhythm; W movements not as large as those of the M.

Meas      Pattern

No introduction

I. IN PLACE

- 1-2 In place, step R, L, R (Cts 1, 2, 3). Repeat for meas 2, begin L.
- 3 Step R to R (ct 1). Lift on R, bringing L around behind R (ct 2). Step L behind R (ct 3).
- 4. Step R to R (ct 1). Step L across in front of R (ct 2). Step back in place on R. (ct 3).
- 5-8 Repeat action of meas 1-4, reversing ftwork and direction.

II. GRAPEVINE

- 1 Step R to R (ct 1). Step L across in front of R (cts 2,3).
- 2 Step R to R (ct 1). Step L across in back of R (cts 2,3).
- 3-4 Repeat action of meas 3-4, Part I.
- 5-8 Repeat action of meas 1-4, Part II, reversing ftwork and direction.
- 9-16 Repeat Part II, meas 1-8, exactly.

III. ROCKING

- 1 Step bkwd on R, leaving L in place (ct 1). Rock fwd onto L (ct 2). Rock bkwd onto R (ct 3).
- 2 Large, smooth, walking step fwd on L (ct 1). Step fwd R, bending knee, simultaneously bring L ft up behind R leg, L knee turned out (cts 2,3).
- 3-4 Moving bkwd, step L, R, L (cts 1, 2, 3). Repeat for meas 4, begin R.
- 5-8 Repeat action of meas 1-4, Part III, with opp ftwork.
- 9-16 Repeat Part III, meas 1-8, exactly.

IV, V, VI

Repeat Parts I, II, III exactly.

VII. TRAVELLING

- 1-2 Facing slightly R and moving LOD, step R, L, R (cts 1, 2, 3). Continue for meas 2, begin L.
- 3 Face ctr, step R to R (ct 1). Lift on R, bringing L around behind R (ct 2). Step L behind R (ct 3).
- 4 Facing slightly R and moving LOD, step R (ct 1). Step L (cts 2,3).
- 5-16 Repeat Part VII, meas 1-4, 3 more times (4 in all).

VIII, IX, X Repeat Parts I, II, III.

# DOSPATSKO HORO

(Bulgaria)

Dospatsko Horo (dohs-PAHT-skoh hoh-ROH) was learned by Yves Moreau in December 1969 from Nasko Dimitrov, Smoljan, Bulgaria. The dance comes from the small town of Dospat in Smoljan District in the southwestern part of the Rhodopes - that area of Bulgaria just north of the Greek border. It is danced by the Bulgarian-Mohammedans. It was first introduced in the United States at the Buffalo Gap Camp in May, 1970, by Mr. Moreau, and was subsequently presented by him at the University of Pacific Folk Dance Camp and the San Diego Folk Dance Conference in 1970.

MUSIC: Record: Balkanton BHA 734. Side 1, band 3 (slow tempo slightly).  
7/8 meter: 1-2-3, 1-2, 1-2. Counted here as 1, 2, 3.

FORMATION: Segregated lines. M use shoulder hold. W joined hands extended fwd slightly, at shoulder height, elbows bent ("W" pos). Also permissible to do in mixed lines, in which case all hands are joined at shoulder height, elbows bent. Face ctr, wt on L ft.

STYLING: Smooth, quiet, controlled - somewhat heavy in feeling. Has a Macedonian flavor. Joined hands move up and down with the rhythm. W movements are not as large as those of the M.

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## MUSIC 7/8

## PATTERN

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### Measures

#### NO INTRODUCTION

#### I. IN PLACE

- 1-2 In place, step R, L, R (cts 1,2,3). Repeat for meas 2, begin L.
- 3 Step R to R (ct 1). Lift on R, bringing L around behind and close to R (ct 2). Step L behind R (ct 3).
- 4 Step R to R (ct 1). Step L across in front of R (ct 2). Step back in place on R (ct 3).
- 5-8 Repeat action of meas 1-4, reversing ftwork and direction.

#### II. GRAPEVINE

- 1 Facing ctr, but moving in LOD, step R to R (ct 1). Step L across in front of R (cts 2,3).
- 2 Step R to R (ct 1). Step L across in back of R (cts 2,3).
- 3-4 Repeat action of meas 3-4, (Fig I).
- 5-8 Repeat action of meas 1-4 (Fig II), reversing ftwork and direction.
- 9-16 Repeat action of Fig II, meas 1-8, exactly.

#### III. ROCKING (Do not exaggerate torso movement)

- 1 Step bkwd on R, leaving L in place (ct 1). Rock fwd onto L (ct 2). Rock bkwd onto R (ct 3).
- 2 Take a large, smooth, walking step twd ctr on L (ct 1). Step twd ctr on R, bending knee, simultaneously bring L ft up behind R leg, L knee turned out (cts 2,3).
- 3-4 Moving bkwd, step L,R,L (cts 1,2,3). Repeat for meas 4, begin R.
- 5-8 Repeat action of meas 1-4 (Fig III) with opp ftwork.
- 9-16 Repeat action of Fig III, meas 1-8, exactly.

IV, V, VI.

1-40 Repeat Figs I, II, III exactly.

VII. TRAVELLING (Hands remain at shoulder level).

1-2 Facing slightly R and moving in LOD, step R,L,R (ct 1,2,3).  
Continue for meas 2, begin L.

3 Face ctr and repeat action of meas 3 (Fig I).

4 Facing slightly R and moving in LOD, step R (ct 1). Step L (cts 2,3).

5-16 Repeat action of Fig VII, meas 1-4, 3 more times (4 in all).

VIII, IX, X.

1-40 Repeat Figs I, II, III. On final meas., close R to L (ct 2). Hold (ct 3).

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FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:  
Ruth Miller, Larry Miller

LET'S DANCE  
June/July 1971

# PINOSAVKA

(Serbia, Yugoslavia)

Pinosavka means dance from Pinosava, a village near Belgrade. It is basically from the family of "U Šest" type dances. California dancers were first introduced to it at the 1967 Kolo Festival by Dennis Boxell and Yves Moreau. Since then Yves has retaught and danced it many times and places.

MUSIC: Record: Mediterranean Records 4003A

FORMATION: An open circle of dancers with L hand on waist and R arm hooked through neighbor's L elbow, facing diag R of ctr.

STEPS: Walking step, Step-touch (Steps throughout the dance are taken in bounce-like style with a knee bend on the offbeat and a straightening on the beat.)

Syncopated Three: Step L accenting by bending L knee (down) (ct 1) recover and step R (ct 2), step L (ct &). Next step starts R.

MUSIC 2/4

PATTERN

Measures

NO INTRODUCTION, or wait 8 meas.

1 Moving LOD, take 2 steps -- R,L (cts 1,2).

2 Turning to face ctr, step R in place (ct 1), touch ball of L fwd on the floor (ct 2).

3 Repeat action of meas 2, reversing ftwork.

4 Repeat action of meas 2.

5 Moving diag fwd L of ctr, take 2 steps -- L,R (cts 1,2).

6-7 Moving bkwd away from ctr dance 2 syncopated threes -- LRL and RLR (cts 1,2,&) turning to face diag R of ctr on last step.

8 Step L fwd LOD in a deep knee bend (ct 1), leap fwd R and kick L up sharply behind (ct 2), step L fwd LOD (ct &).

Repeat dance from beginning.

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