

COW ROW WALTZ (cont)

- III. Same waltz around as described above, lining up again 3/4 the way around.
- C. Turning one after the other. Holding right hands high, couple waltzes down the center of the row, first the girl turning to her right with two waltz steps, then the boy to his left ccw with two waltz steps, etc.
- IV. Waltzing around and forming the last row as before.
- C. Rhinelanders through the rows. The first couple take four schottische steps in waltz time (one step for each two measures). They begin with inside hands joined back to back, boy starting with his R foot and girl with her left. This way they end on the 8th measure face to face which is more courteous when they part from each other.

Ending: Lead couple dance down the center with others following, waltzing all around the circle.

This dance should be done with exact timing, but very quietly and is always more fun with the dancers singing along with the music.

CZECH POLKA

- RECORD: Folk Dancer: Dupbleska Polka 3016
- FORMATION: Couples in large circle or in smaller circles about the room, in regular dance position.
- ACTION: Couples polka about the circle, all moving forward around the 16 Meas. ring.
- B. Boys face in, stand in place and during the next 16 measures clap hands in a rhythm of three---first with the neighbor boy, then their own, etc.

In the meantime, girls, either with hands on hips or taking Skirts, polka to the left around the boy's ring, moving as quickly and gayly as possible.

Dance is then repeated with a new partner, wherever the girls happen to stop at the end of this part of the music.

DANISH FAMILY WALTZ

- RECORD: RCA Victor 26-1046-B Min Skal Din Skal
- FORMATION: Single circle of partners, hands joined, facing center, ladies on right.
- ACTION: On first measure step on foot closest to your corner (the person next to you who is not your partner), swing free foot across and acknowledge your corner. On next measure repeat action toward partner. Repeat all of above during measures 3 and 4. Waltz to measures 5-8 with your corner, place her on your right, reforming the circle to repeat the dance. Try singing along with the record.