

**DRMES FROM ZDENOINA**  
Croatia

PRONUNCIATION: Dr'-mesh ooz Zden'-choo-nch

SOURCE: Learned from natives in Yugoslavia, 1954

RECORD: Folk Dancer MH 3030 (2/4)

FORMATION: Closed circle, back basket hold.

STEPS: Time-Step (2 per meas):  
Ct 1 - Fall heavily on whole R ft, slightly bending knee.  
Ct & - Momentarily take weight on L ft. Flat feet throughout.

Shaking Step:  
Ct 1 - Placing R ft a bit fwd from place, step on it, taking weight, but don't raise L ft from its position.  
Ct & - Shake whole body once, without raising any part of ft from ground.  
Ct 2 - Shift weight onto L ft in its place.  
Ct & - Shake whole body once again. During the shaking step dancers move very slightly L.

Step-Hop-Step:  
Ct 1 - Facing L, step on R ft with accent.  
Ct & - Pause.  
Ct 2 - Hop on R ft.  
Ct & - Step on L ft, continuing to move L. (Keep feet underneath. This step is used to travel rapidly to the L. When used moving R, it is done with opposite ftwrk.)

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Measures	PATTERN
	<u>Part 1:</u>
1-7	14 Time-Steps moving gradually to L.
8	Stamp R-L.
9-15	7 Shaking Steps moving gradually to L.
16	Stamp R-L.
	<u>Part 2:</u>
1-8	Using 8 Step-Hop-Steps travel L, dancers facing almost directly L.
9	Still facing L, stamp R ft in place & pivot on it to face R.

DRMES FROM ZDENOINA (con't)

- 10 Facing R, stamp L ft in place and hold.
- 11 Still facing R, stamp R ft in place and hold.
- 12-15 4 Step-Hop-Steps beginning with L ft and traveling R, dancers still facing R.
- 16 1 Step-Hop-Step on L ft, turning to face center again in order to repeat the dance from the beginning.