

DUNÁNTULI UGRÓS
(DOON-on-tool-ee OO-grosh)

Presented by Steve Kotansky at San Diego Folk Dance Conference 1981
Source: Sándor Timár
Music: Hungaroton SLPX 1832, Side B, Band 2
Folkraft LP 52, Side B, Band 2
Hungaroton SLPX 18033

The following motifs may be selected for freestyle dancing, at the option of the dancers. The dance begins in circle formation, alternating men and women all facing center of circle, low hand hold; the circle moves slowly CW (to L) throughout.

Var 1 (Rest step/basic)

ct 1 Step L on L;
ct 2 close with R, feet parallel, R ft sl behind;
ct 3 bring L bk even with R
ct 4 hold; OR fall onto R and swing L to L.

Var 2

cts 1-2 Same as Var 1;
ct 3 bring L even with R while tapping both heels;
ct & tap heels;
ct 4 tap heels.

Var 3

cts 1-2. W does a 2 step CCW turn; M same as Var 1;
cts 3&4 join hands and tap heels three times (see Var 2);
cts 5-8 same as Var 1.

Var 4

ct 1 Jump on both feet, landing with L crossed in front;
ct 2 jump on both feet, landing with R crossed in front;
ct 3 close ft together (R moves more than L),
ct 4 hold; OR swing L to L; OR
cts 3-4 cifra: step LRL in pl; OR jump in pl on heels, ft tog, knees straight, then plie on whole foot.

Var 5

ct 1 Swing L in front of R;
ct 2 swing L to L, wt on R;
cts 3&4 cifra: step LRL;
cts 5-8 repeat cts 1-4, opp ftwk OR close and hold on cts 7-8.

Continued.

Dunantuli Ugrós, cont.

Var 6

cts 1-2 Cifra: step LRL;
ct 3 jump on both ft, R crossed fr;
ct 4 jump on both ft, L crossed fr;
ct 5 leap on R, swing L to L;
ct 6 leap on L, swing R to R;
ct 7 close R to L;
ct 8 hold.

When music changes, the large circle breaks into smaller circles of 8-10 dancers, all facing center; hands held sl fwd at shldr level.

Var 7

ct 1 Large step twd L fwd diag on R ft, pressing hands fwd;
ct 2 step L to L;
ct 3 small step str back on R ft, hands return to orig posit;
ct 4 step L to L.

Var 8

ct 1 Large accented step to L fwd diag on R ft, pressing hands fwd;
ct 2 hop on R;
ct & step L to L;
ct 3 small accented step str bk on R ft, hands return to orig posit;
ct 4 hop on R;
ct & step L to L.

Var 9

ct 1 Turning sl to L, stamp R in fr of L (accent on down);
ct 2 returning to face ctr, hop on L;
ct & step R in pl;
cts 3, 4 & repeat cts 1,2 & opp ftwk & dir.

At will, circles may break into cpls, trios, or fours. All above variations may be repeated. Hand hold may be: R hands joined at waist level; OR both hands joined at waist level. Cpls may break apart for solos, including turns for W, clapping & slapping for M, then rejoin.

Var 10

ct 1-2 Cifra: step LRL;
ct 3-4 repeat, opp ftwk. Body may turn sl side to side with each cifra.

Var 11 ("dishrag")

cts 1-6 Holding ptrs both hands, take 3 cifras to turn in pl M CW and W CCW;
cts 7-8 cifra in pl;
cts 9-16 repeat, turning opp direction.