

DURA
Romanian Folk Dance
Record FOLK DANCER MH 1121
Dura means rolling along.



FORMATION: Circle, no partners, hands joined, with a leader at one end.

PART 1: All move to right quickly with 3 "threes" RLR, LRL, RLR. Americans will probably call these 3 quick steps "two-steps" for they are done "step-together-step". Follow through immediately with a kind of balance that goes like this: Place left foot forward with slight weight and then come right back onto the right foot with full weight.

PART 2: Face center and do these stamps and steps in place:

3 quick steps in place on balls of feet, LRL, stamp R
RLR, stamp L
LRL, stamp R
RLR, stamp L.

PART 3: Immediately move sideways to left starting on LEFT foot 7 steps, with left going to side, right in back. Finish with full weight on Left foot. Then in place do these stamps R, hold R, then R,R,R. All the last stamps are done with Right foot in that rhythmic pattern of lhold 2, 1,2,3.

Repeat entire dance from beginning.

Note that in this dance as in many dances of the Balkan, the dance does not necessarily start in the same place in the music. American folk dancers accustomed to having each phrase of a dance start on the beginning of an eight measure piece of music, must learn how to "ignore" the music or rather adjust to the music.

This dance was introduced in the United States by Romanian authority Larisa Lucaci.