Düz Halay

Turkey

TRANSLATION: Straight dance.

PRONUNCIATION: DOOZ hah-LIGH

MUSIC: Turkish Dances No. 3 by Ahmet Lüleci, track 12

FORMATION: Interlocked fingers joined in V-pos and slightly bkwd of body, elbows straight, L

shldr in front of R.

STYLE: Steps are very small, and knees flex on almost every ct. Movements are slow and

deliberate.

METER: 4/4 PATTERN

Counts

INTRODUCTION 16 cts + 1 drum Beg with full orchestra.

FIG. 1

- Facing and moving twd ctr slowly step R,L,R fwd with soft double knee flexes on each step (each step take 2 cts).
- 7-8 Lightly touch L fwd.
- 9-14 Moving bkwd repeat cts 1-6 with opp ftwk. (LRL)
- 15-16 Lightly touch R fwd.

Note: During cts 1-8, lean slightly fwd, on cts 9-16 body is straight.

FIG. 2

- Facing diag L of ctr step R in front of L R shldr leans slightly twd ctr.
- 2 Holding body pos bend R knee sharply as L lifts bkwd.
- Facing ctr and leaning slightly fwd step L back to place.
- 4 Lift R slightly fwd.
- 5-6 Step R fwd with soft double knee flexes.
- 7 Lightly touch L fwd as R knee flexes again.
- 8 Lift L slightly fwd then push twd floor as R knee flexes again.
- 9 Straightening body step L bkwd with soft knee flex.
- Lift R slightly fwd then push twd floor as L knee flexes again.
- 11-14 Repeat cts 9-10, 2 more times (3 in all).
- 15-16 Touch R lightly beside L as both knees flex 2 times.

FIG 3

- 1 Facing ctr small step R to R.
- & Lightly step on L slightly fwd, leave R in place almost where it was.
- 2 Step R bkwd where it touched.

Note: Cts &-2 are almost a shift of wt.

- 3 Step L in front of R.
- & Step R beside L heel, leave L in place.
- 4 Step L in front of R where it touched. Note: Cts &-4 are almost a shift of wt.
- 5-8 Repeat cts 1-4.

Note: Slow, relaxed shidr shimmies may be done during cts 1-8.

- 9 Step R in place with knee flex.
- Lift L slightly fwd then pushes twd floor as R knee flexes again.
- 11-16 Repeat cts 9-10, alternating ftwk 3 more times (4 in all).

SEQUENCE:

Fig. 1 - 4x

Fig. 2 - 4x

Fig. 3 - 8x

Fig. 1 - 2x

Fig. 2 - 2x