

Eich Af Ha'zman

(Israel)

Eich Af Ha'zman, meaning "How time flies," was choreographed by Elfe Ronen to music by Nurit Hirsh.

Pronunciation:

CD: D. Edery–Israeli Folk Dance—1999 4/4 meter

Formation: Circle, facing ctr, hands in V-pos.

Counts

Pattern

INTRODUCTION

PART I

- 1-4 Step on R to R; sway to L; step-hop on R across in front of L while turning 3/4 to L (CCW) and end facing CCW.
- 5-8 Step bkwd L, R; step-hop bkwd on L.
- 9-16 Yemenite with a hop on ct 4 with R and L, facing CCW.
- 17-24 Repeat cts 1-8.
- 25-28 Step-bend fwd on R, raising hands; step on L in place; step-bend bkwd on R, lowering hands; step on L in place.

PART II

- 1 Facing CCW, stamp fwd on R with wt.
- 2-4 Hop on R three times in place while turning to R 3/4 (CW) to end facing ctr, lifting bent L leg fwd.
- 5-8 Step-hop on L across in front of R; step-hop on R in front of L.
- 9-12 Moving diagonally into ctr, step L, R, L and hop on L.
- 13-16 Repeat cts 9-12 diagonally to L, beg with R.
- 17-18 Jump on both ft together diag R into ctr; jump bkwd facing ctr.
- 19-20 Jump on both ft together diag L into ctr; leap onto L, raising R.
- 21-22 Step bkwd L, R.
- 23-24 Jump bkwd on both ft; jump on L, raising R.
- 25-28 Facing ctr, full turn R with R, L, R; hold on R.
- 29-32 Repeat cts 25-28 with L to L.

ENDING

- 1-2 Jump on both ft together to ctr; jump bkwd on L, raising R.
- 3-4 Touch R heel fwd, raising hands up.

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