

ETEN BAMIDBAR

Circle dance, facing in twd Ctr, hands joined down. R footed dance.

PART I

- 1 R }
and L } Mayim around Cw, on toes, with very small quick steps.
2 R } Hips turn with steps, but shoulders do not.
and L }
3-8: repeat. (1-8: 4/4, 4/4)
9 R }
and R } step hop fwd, twd Ctr, facing in twd Ctr.
10 L }
and L }
11 R }
and L } stamp in place, bent over fwd.
12 R }
and R } hop in place, straightening up. Arms swing up fwd and then down again.
13-16: reverse 9-12, moving back out from Ctr.

PART II

- 1 R }
and L } slide close to side. }
2 R } step hop to side. } moving around Ccw.
and R }
3 L } step hop across over R. }
and L }
4 R } fast Yemenite right, shoulders not moving from place.
and L } Arrest your Ccw momentum on first step and start moving
5 R } around Cw.
and L } step to side.
6 R } step hop across over L. } moving around Cw.
and R }
7-12: reverse.
13-20: repeat 9-16 of PART I, in twd Ctr and back out again. (4/4, 4/4)
21-40: repeat.