FADO FOR FOURS. (Portugal)

Learned in 1935 by Vyts Beliajus from a Spanish "Gitana" (Gypsy) named Triana, who claimed the dance to be in Portuguese National form.

Record: Folkraft 1173 "Fado Blanquita." No other Fado Blanquita" Music: record will do. 4/4 meter.

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For entrance: two cpls, W to R of M, each person to enter Formation: individually from a separate corner. The dance is performed diag twd ctr of a 4-foct (approx) square and twd original entrance corner.

Basic -- a type of schottische. Hds down in front, palms curved Steps: twd body, beginning R, step-close-step (cts 1,2,3); extend L fwd near floor, tilting body very slightly bkwd and bringing L hd slightly fwd (ct 4). Beginning L, repeat all, bringing R hd slightly fwd on ct 4. This dance requires the use of finger cymbals which must be learned separately. Ft, hds, and cymbals have to be coordinated.

Pattern

2 meas introduction

Meas

A	FIGURE I. INTRODUCTION
1-3	Enter from individual corners. Beginning R, dance 3 basic steps fwd twd square. Corresponding arm curves fwd with each basic step.
4	Hds down at side, turn in place once CW with 3 walking steps (L,R,L hold).
5-8	Repeat action of meas 1-4, ending in pos on corner of square
9-10	<u>Vamp</u> : Arms down at side, curved twd body, step to R on R (ct 1): <u>lightly</u> stamp L heel next to R (ct 2): step to L on L (ct 3): <u>lightly</u> stamp R beside L (ct 4). Repeat action of these 4 cts.
В	
11-19	Beginning R, dance once around an individual CW circle in own corner with 9 basic steps. Hd pos same as entrance.
	cts I Paging str. stop on I
20 Hold	- I racing cir, step on b.
chang wt.	ge 2 Facing ctr, close R to L (no wt).

	Break		
	Individual	3	Beginning turn R, step on R.
	turn R (CW)	4	Continuing turn R, step on L.
21	& stamp.	1	Finishing the turn, facing ctr, step on R.
	•	2	Stamp L (no wt), next to R.

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21	Individual	3 Beginni	ng a turn to L, step on L.
	turn L	4 Continu	ing turn L, step on R.
22	(CCW)	1 Finishi	ng the turn, facing ctr, step on L.
	& stamp	2 Stamp F	(no wt), next to L.
	Two	3 Beginni	ng two turns R in place, step on R.
	individual	4 Continu	ing the turn, step on L.
23	turns R	1 Continu	ing the turn, step on R.
	(CW) in		ing the turn, step on L.
	place.		ing the turn, step on R.
	Gradually	4 Continu	ing the turn, step on L.
24	raise hd	1 Continu	uing the turn, step on R.
	to over-	2	ng the turns, facing ctr, step on L.
	head curved pos	3 Hold.	
	curveu pos		
C	CH	ORUS:	
25	Ho	on L. extendi	ng R to R side, toes down and touching floor
	(ct	 hop L, tur 	ning R knee to R and pointing R toe down in
	fro	t of L calf (ct	2); repeat action of ct 1 (ct 3); hop L,
			R and pointing R toe down in back of L calf
26	(ct	4).	s on L, extending R to R side, toes down
26	to	ching floor and	extending R hd to R (cts 1,2); cross R ft
	in	ront of L. taki	ng wt on both, bringing R hd curved in front
	of	ody (ct 3); tu	rn once completely around CCW, pivoting
	on	balls of both f	t (ct 4).
27-2	28 Rej	eat action of r	neas 25-26, in reverse, hopping on R, ex-
	ter	ding L, pivotir	ig CW.
29	Ste	p-hop bkwd on	L, turning $1/2$ turn CW to face own entrance
20	CO	ner (cts 1, 2);	step-hop on R (cts 3,4). twd own entrance corner, gradually lowering
30	T P	d (cte 1 2): n	oint L heel fwd, bending body slightly fwd,
	L I	d curved in fro	nt (ct 3); hold (ct 4).
31-3	32 Re	urning to own	corner of square, repeat action of meas
	29	30 but make th	ne 1/2 turn <u>CCW</u> .
33-4	40 Re	eat all action	of Chorus, meas 25-32.
			AND ANOTHER ADD CENT
	FIC	URE II. TURN	WITH PTR, SHOULDERS ADJACENT
A 1-3	D.	houldors adias	ent with ptr, R hd down and curved twd body,
1-3	K S	d curved above	e head, beginning R, turn together CW once
	in	place with 3 ba	sic steps.
4	w	th 3 walking st	teps, L,R,L, hold, turn L individually 1-1/2
	tir	es to place L :	shoulder adjacent with ptr, bringing L hd down
	an	curved twd be	ody, R hd high.
5-7	L	houlder adjace	ent with ptr, turn together CCW once in place
	wi	h 3 basic step	s, again beginning R.
8			R into own pos with 3 walking steps, L,R,L,
	ho	d. Banaat aa	tion of mone 9-10 Fig. I. Vamp
9-1	0 <u>Va</u>	np: kepeat ac	tion of meas 9-10, Fig. I, Vamp.

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FADO FOR FOURS (continued)

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11	of bo	hop fwd twd ctr of square on R, R hd curved in front dy, L hd overhead, body bent slightly fwd (cts 1,2);
		hop bkwd on L, turning 1/2 CW to face own entrance r (cts 3,4).
12	Turn step: front	once CW in own diag entrance line with 3 walking , R,L,R, bringing R hd above head, L hd curved in of body, (cts 1,2,3); hold, facing away from square
13-1	11-1	reversed ftwork and hd pos, repeat action of meas 2, Fig. II, turning CCW to return to own corner of
15-1 19	8 Repe Repe	e, finishing facing ctr. at action of meas 11-14, Fig. II. at action of meas 11, Fig. II, but do not turn (all affacing ctr).
		cts
20	Hold	<u>cts</u> 1 2
		2
	Break	
	Move to R and	3 Facing ctr, hds down and curved twd body, begin 4 to move to pos of dancer to R, with step on R to R, step on L behind R.
21	stamp.	 In homepos of dancer to own R, step on R to R. Stamp L heel smartly (no wt) near R.
		3 Returning tó own pos, step on L.
	Move to	4 Step on R behind L.
22	L and	1 In own pos, step on L.
	stamp.	2 Stamp R heel smartly (no wt) near I
	Move to	3 Again moving to pos of dancer to R, step on R to R.
2.2	R and	4 Step on L behind R.
23	stamp.	 In home pos of dancer to own R, step on R to R. Stamp L heel smartly (no wt), near R.
		2 Stamp E neer smartly (no wt), hear k.
	Turn CCW	3 Beginning a CCW turn to own pos, step L.
	to home	4 Step R.
24	pos,	 Step on L. Step R, making 2 turns.
	raising hds.	3
	11001	4 Hold.
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C	CHOR	JS:

C 25-40

CHORUS: Repeat all action of Chorus, meas 25-40.

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FADO FOR FOURS (continued)

	А	FIGURE 1	II.	PARTNER TURN, ELBOW HOOK		
	1-3	R elbow	hook	ed with ptr, L hd above head, beginning R,		
				und CW in place with 3 basic steps.		
	4			ow hold, turn individually 1-1/2 times R (CW)		
				g steps, L,R,L, and hook L elbows.		
	5-7			ked with ptr, R hd above head, turn once around		
				with 3 basic steps, beginning R.		
	8			whold, turn individually 1+1/2 times L(CCW)		
				th 3 walking steps, L,R,L, ending in own pos,		
	9-10			is lowered. t action of meas 9-10, Fig. I, taking wt on		
	9-10	R on ct 4				
	В	K OII CE 4	OI II	leds to:		
	11	R hd curs	red i	n front of body, L hd overhead, step on L (ct 1);		
				r of square, body curved back (ct 2); step fwd		
				nop R, L leg in back (ct 4).		
	12			L (ct 1), draw R in front of L, taking wt on R		
		(ct 2); r	epea	t step-draw again without taking wt on R (cts 3,4).		
	13	Both hds	abov	ve hd, turn once CW into pos of dancer to R with		
		4 walkin	g ste	ps, R,L,R,L.		
	14 - 16			ctr, repeat action of meas 11-13, Fig. III, re-		
				k and hd pos, and returning to own pos with one		
	1	CCW 4-:				
17-19 Repeat action of meas 11-13, Fig. III. (At the end of meas						
			dan	cer will be in one pos to the R of his own home		
		pos.)				
			cts			
	20		1			
	20	Hold.	2			
			_			
		Break.	3	Facing ctr, hds down and curved twd body, move		
		Facing	4	CCW on square twd next corner with step on R to		
		ctr, move		R, step on L behind R.		
	21	to R.	1	Step on R to R.		
	21		1	Stamp L heel (no wt), beside R. Anticipate next		
			2	ct with a quick 1/4 turn R to place back twd ctr.		
				of whith a quick if I full it to proce buck the out		
		Back twd	3	Again moving CCW in square, step on L to L.		
		ctr, move	4	Step on R behind L.		
	22	to 3rd	1	Step on L to L.		
		corner	2	Stamp R heel next to L (no wt). Anticipate next		
				ct with a quick 3/4 turn L to face ctr of square.		
		Facing ctr,	3	Move CCW along last side of square twd home		
		move to		pos with step on R to R.		
		home	4	Step on L behind R.		
	23	pos.	1	Step on R to R.		
			2	Stamp L heel sharply beside R (no wt). Turn		
				1/4 turn CW to face out.		
				· · · · /		

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FADO FOR FOURS (continued)

23	One individual	3	In home pos, begin one 3-step CV stepping on L.	V turn by	U.
	CW turn	4	Continue turn by stepping on R.		
24	in place.	1	Complete the turn by stepping on 1	L.	
		2	Step R.		
		4	Shift wt to L ft (facing ctr).		
		onha-			

CHORUS:

C

25 - 40Repeat all action of Chorus, meas 25-40.

> Note: The action of the Break always begins on ct 3 of meas 20. This leaves a 2-ct pause at the end of meas 24.

FINGER CYMBALS FOR FADO FOR FOURS

Finger cymbals are worn on thumb and middle finger of each hd and should be hit sideways to produce a ring; never hit flat. Middle finger is over thumb.

Ping, or "single": Clang:

Hit one pair of cymbals at a time, alternating hds. Hit both pair of cymbals at the same time.

FIGURES I, II, III, meas 1-10

(8 pings per meas)	meas 1-4	•	
cts	<u>Meas 9-10</u> (V	amp)	
1 ping	· · · · · · · · · · · · · · · · · · ·		
& ping	cts		
2 ping	l clan	g	
& ping	&	5.174. General	
3 ping	& 2 clan &	g	
& ping			
4 ping	3 clan		
& ping	& clan	g	
	4 clan	g rendu	
Repeat twice more.			
Repeat twice more	Repeat.		
leas 4			
l clang			
er i i i i i i i i i i i i i i i i i i i			
2 clang			
&			
3 clang			
å			
4		Contin	

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FADO FOR FOURS (continued) (Finger Cymbals)

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FIG	URE	I, meas	11-24_				- C - 63-
Mea	as l	1-19		Mo	as		
	1	ping		21	3	ning	
		pring		21		ping	Thurson T
	& 2 &	ning			&	ping	Turn L
	4	ping			4	ping	and
	CX 2				8	ping	stamp.
	3 &	ping		22	1	ping	
		ping			δ.		
	4	ping			2	clang	
	Rep	beat 8 mg	ore times.		3	ping	
					&	ping	Beginning
Mea	as 2	0-24 (Bre	ak)		4	ping	2 turns
					δ	ping	in place.
20	1			23	ĩ	ping	in pidool
				20	ŝ	build	
	& 2		Hold.		2	ping	
	&				&	pring	
	~				3	clang	(to emphasize
	3	ning			&	crang	last steps
	-	ping	Turn D			alana	of turn)
	&	ping	Turn R		4	clang	or turn)
	4	ping	and		&	1.1	
~ 1	&	ping	stamp	24	1	clang	
21	1	ping		11	&		
	&				2		
	2	clang					
FIG	URE	II, meas	11-24				
11	1	clang		12.	19	Report an	tion of meas
	â	clang			11.	-12 three	more times.
	2	clang				12 01100 1	more times.
	ě.	crang.		19	Re	neat actio	n of meas 11.
	3	alana		15	Ne	bear actio	in or meas 11.
	8	clang		20	1	alana	
		clang		20	1	clang	
	4	clang			&	-1	
	ô.				2	clang	
12	Ţ	clang			&		
	Č¢.				3	Begin ac	ction of break, Fig. I
	2	clang					
	1 2 & 3 &			21-	-24	Repeat cy	mbal action of break,
	3	clang			me	as 21-24,	Fig. I.
	4	clang					
	ô.						

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FADO FOR FOURS (continued) (Finger cymbals)

FIGURE III, meas 11-24

11	1	clang	13 1 clang
	&	clang	&
	2	clang	2 clang
	δ.		&
	3	clang	3 clang
	&	clang	&
	4	clang	4 clang
	&		&
12	1	clang	Meas 14-19 Repeat cymbal action
* 6	ŝ	ording	of meas 11-13 twice more.
	&		of meas 11-15 twice more.
	2	clang	
	&		Meas 20-24 Repeat cymbal action
	3	clang	of break, meas 20-24, Fig. II.
			o, broak, modo bo bi, rig. iii
	&	clang	
	4	clang	
	&		

CHORUS, meas 25-40

25	1 2 & 3 & 4 &	clang clang clang clang clang clang	19	29	1 2 & 3 & 4 &	clang clang clang clang clang clang	
26	1 2 & 3 & 4 &	clang clang		30	1 2 & 3 & 4 &	clang clang clang	

Meas 27-28 Repeat cymbal action of meas 25-26.

Meas 31-32 Repeat cymbal action of meas 29-30.

Meas 33-34 Repeat cymbal action of meas 25-32

Presented by Vyts Beliajus