

FIVE-FOOT-TWO

Two-Step Mixer



Record: Shaw No. 122 - 45 rpm

Formation: Circle of couples in varsouvianna position facing LOD.

Footwork: Identical throughout. Both start with L foot

Measures:

- 1 - 4 **TWO-STEP LEFT; TWO-STEP RIGHT; WALK, TWO; THREE, FOUR;** With a bounce and a snap, all couples advance in LOD with a left-close-left, a right-close-right; and walk (left right, left, right) on the next four counts
- 5 - 8 **TWO-STEP LEFT; TWO-STEP RIGHT; WALK, TWO; THREE, CIRCLE;** Repeat measures 1-3; on measure four, partners release left hands, and, retaining hold of right hands, the woman turns 3/4 right-face to face the center of the circle while the man takes two short steps forward to form a circle, facing the wall. Join hands with adjoining people. This forms a large "alamo style" circle with all women facing in and all men facing out.
- 9 - 12 **BALANCE FORWARD; BALANCE BACK; TURN WITH THE RIGHT HAND; HALF ABOUT;** All do a two-step balance forward (left-close-left); a two-step balance backward (right-close-right); ladies are all balancing in toward the center while the men balance out toward the wall and back to place. All release left hands again and still holding right hands walk a half circle forward so that men are facing in and ladies facing out. Rejoin left hands in the big circle.
- 13 - 16 **BALANCE FORWARD; BALANCE BACK; AND TAKE THAT GIRL; BEHIND YOU;** Repeat the two-step balance forward and back. This time, of course, it is the men who balance in toward the center and back, while the women balance out toward the wall and back. "Take that girl behind you" means letting go right hands, each man turning around so he is side-by-side with the girl with whom he's holding left hands. He crosses his right hand over in back of her and takes her right hand in his right, so they again stand in varsouvianna position ready to repeat the dance.

REMEMBER, it is the bounce and zip you put into it that makes this dance fun.

Note: TWO other very useful dances are on the 'flip-side' of this record.... "Texas Schottische for Threes"....and the "Oklahoma Mixer".