

FJÄSKERN

(Sweden)

Fjäskern (F YESS kohn) is a circle mixer from southern Sweden.)

The English title is "Hurry Scurry".

RECORD: Aqua Viking 200 4/4 meter

FORMATION: Cpls in a circle facing LOD, inside hands joined at shoulder level; free hands on hips, fingers fwd. Ftwrk same for M and W.

Measures

I. CIRCLE LOD AND RLOD

- 1-4 (rptd) Beginning L ft, walk 16 steps in LOD. " Turn twd ptr and join new inside hands. Walk RLOD 16 steps. Walking steps are used for first few sequences. As music speeds up, running steps are used.

II. KICK AND EXCHANGE PLACES

- 5 Facing ptr (M on inside of circle) dance 4 kicking steps. Begin by stepping on L and kicking R ft fwd.
- 6 Exchange places with ptr with 4 running steps. Clap hands on first beat. To cross move CW while facing ptr.
- 7-8 Repeat action of meas 5-6 to return to own place.
- 5-8 (rptd) Repeat action of meas 5-8. Ptr change is done in Fig I of each new sequence. On meas 1-4 M move fwd to next W.