## **Fourlana**

(Corfu, Greece)

This dance is from the Ionian Sea island of Corfu. The dance originated in the Italian city of Firuli. Islands in the Ionian Sea often have strong Italian cultural influences. Although not strictly necessary in the traditional form, dancers in Corfu today tend to follow a specific choreography. The dance is particularly happy and is a well-loved dance on Corfu.

Pronunciation: foo-LAH-nah Translation: Friulian Dance (from the name of

the Italian city)

Music: 4/4 meter Timeless Sounds, Track 17

Formation: Couples in a longways set, ptrs facing each other, M with L shldr to the top of the

set. M's hands clasped behind back, W's hands on hips.

Steps & Styling: Lively and playful.

In Fig III, both M and W can twist the upper body a little to the R when beginning

|        |               | the two-step with the R ft and to the L when beginning the two-step with the L.  |
|--------|---------------|--|
| Meas   | <u>4/4 me</u> | <u>Pattern</u>   |
| 2 meas |               | <u>INTRODUCTION</u> . Clap hands for 2 meas.   |
|        | I.            | SWING LEGS FACING EACH OTHER   |
| 1      |               | Dancing in place: Leap on R to R while swinging L up in front of R (ct 1); hop on R (ct 2); leap onto L to L and swing R up in front of L (ct 3); hop on L (ct 4).   |
| 2-4    |               | Repeat meas 1 three times.   |
|        | II.           | PARTNERS CHANGE PLACES WITH CHASSE STEP, AND CHANGE BACK   |
| 1      |               | Turn L 1/4 to lead with R shldr and passing partner back-to-back, step R to R (ct 1); step L next to R (ct &); step R to R (ct 2); hop on R while turning CW to face partner (ct &); facing ptr and dancing in place, leap onto L to L and swing R up in front of L (ct 3); hop on L (ct 4). |
| 2      |               | Panast mass 1 Fig I  |

2 Repeat meas 1, Fig I.

2

3-4 Repeat meas 1-2, Fig II.

## III. PROMENADE WITH TWO-STEP

1 Turning to face up the set (that is, from the position facing each other, M turn 90° L and W turn 90° R), M takes W's L hand in his R and both promenade up the set: Step R fwd (ct 1); step on ball of L behind R (ct &); step R fwd (ct 2); begin swinging L fwd (ct &); step L fwd (ct 3); step on ball of R behind L (ct &); step fwd (ct 4), begin swinging R fwd (ct &).

> Continuing to promenade up the set, step R fwd (ct 1); step on ball of L behind R (ct &); step R fwd (ct 2); begin swinging L fwd (ct &); turning 180° (twd each other) to face down the set and changing hands to W's R hand in M's L, three steps (L, R, L)

in place (ct 3, &, 4).

## Fourlana — continued

3-4 Repeat meas 1-2, Fig III with opp dir and handhold.

5-8 Repeat meas 1-4, Fig III.

When the dance is finished, men may take off their hats and bow to their partners.

## Presented by Lilian Vlandi

