

Gaida

Γκάιντα

(Iraklia Serres, Greek Central Macedonia)

Gaida is danced in different regions of Greek Macedonia in varying versions. In Iraklia (and Serres region in general), it is danced by both men and women. It has two parts: slow and fast. The musical instruments are zournas and daouli, with the zourna trying to imitate the sound of gaida.



Pronunciation: Guy-duh

Music: Christos Papakostas Presents Dances from Greek and Roma Communities of the Lower Balkans (2012)

Formation: Open circle. Hands in V-position at beginning, then W-pos in Meas 4

Style: Typical Greek hand hold, dance moves to the right. Leader can embellish the dance as desired; all other dancers continue basic pattern.

METER: 2/4

PATTERN

Meas

Slow Part

Free rhythm

INTRODUCTION: During the free rhythm part, no action

- 1 Facing R, moving LOD, step on R (ct. 1). L touches next to R (ct. 2).
- 2 Step on L(ct. 1). R touches next to L(ct. 2).
- 3 Step on R (ct. 1). Step on L(ct. 2).
- 4 Pivot, facing the center & arms swing up to W position. Step on R (ct. 1). L lift behind R (ct. 2).
- 5 Step back on L slightly diagonal (ct. 1). Step back on R slightly diagonal(ct. 2).
- 6 Step back on L facing the center (ct. 1). Lift R(ct. 2). Arms swing down to V position.

Transition

Music becomes progressively faster. More bouncy

Fast Part

- 1 Step on R (ct. 1). Step on L(ct. 2).
- 2 Chassé (Triple) step starting with R (ct. 1-2).
- 3 Chassé (Triple) step starting with L (ct. 1-2).
- 4 Pivot, facing the circle's center. Step on R(ct. 1). Touch L next to R(ct. 2)
- 5 Step on L slightly diag bkwd (ct. 1). Step on R slightly diag bkwd (ct. 2).
- 6 Step on L to L facing the center (ct. 1). Lift R in front (ct. 2).
- 7 Step on R crossing in front of L (ct. 1). Lift L(ct. 2).
- 8 Step on L slightly turning R(ct. 1). Lift R(ct. 2)

Presented by Christos Papakostas at the Laguna Folkdancers Festival 2013