

Presented by Athan Karras

GAIDA

(Gai-ndah)

SOURCE: Learned in various Macedonian villages of Greece, such as Florina, Naoussa and others. Danced with Panegyris, Greek National Ensemble, director Dora Stratou, and also with Panhellenion folk ensemble, director Eleni Tsaouli. Gaida, in Greek means bagpipe and without precedent this dance was danced to the bagpipe and a daouli (drum). The bellow of the pipe lends much of the style of movement, heavy stepping and leaping. It is in the form of the hassapikos from Macedonia, but characterized as Gaida, by the nomads and the shepherdesses that join the men in their duly feasts.

MUSIC: Panhellenion KT 1001

FORMATION: Women and men dance in separate lines. Arms are at shoulders, and lead girl dancer usually lead with a waving handkerchief. M holds a shepherds crook. The dance begins with a slow tempo and increases as the dance progresses.

2/4	8 CTS INTRO	PATTERN
<i>cts</i>	<u>FIGURE I</u> <small>MOVING LOD</small>	
1-2	Step R to R, cross L in front of R and step on it.	
3-4	Repeat meas ^{cts} 1-2	
5-6	Step R to R, swing and raise L crossing in front. M raise leg high, W low.	
7-8	Step L to L, swing R in front of L, M swing leg high, W low.	
	Repeat four times ^{TOTAL 7 TIMES}	
	<u>FIGURE II</u>	
	M PART:	
1-4	Four deep knee bends moving RLOD, knees touching floor	
5-8	Rise and repeat meas ^{cts} 5-8 of FIG I.	
	W PART:	
1-4	Repeat FIG I, meas 1-4	
5	Step R with R and bring L together swaying to R	
6	Keeping ft together, swivel both feet to L	
7	Repeat meas ^{cts} 6 to R	
8	Lift R ft in front ^{front} of L	
	Repeat FIG II, four times ^{Do FIG II TOTAL 4 TIMES FOR BOTH M & W OR...}	
	Repeat the above until end of slow music.	
	<u>FIGURE III</u> Faster Tempo	
1-8	Repeat FIG I, only to faster tempo. ^{TOTAL} Repeat 8 times	

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Gaida-Continued

cts

FIGURE IV

- 1-4 Repeat FIG I, meas 1-4
5-8 Leap to R on R (ct 5) hold (ct 6); leap L onto L (ct 7);
step R ft just in front of L (ct &); step in place onto
L (ct 8). (Pas de Bas) ~~Repeat~~ ^{TOTAL} 8 times.

FIGURE V

- 1-6 Repeat FIG I, meas 1-6
7-8 Step onto L, ~~brushing~~ ^{SCISSORS} R fwd (ct 7); brush L fwd (ct &);
brush R fwd (ct 8). ~~Repeat~~ ^{TOTAL} 8 times.

FIGURE VI

M PART

- 1-4 Repeat FIG ^{III}, meas 1-4
5 Keeping feet together, sit down deeply
6 Hold, and stay in place
7-8 Rise, lifting ~~R~~ leg high and holding in place

W PART

- 1-4 Repeat FIG ^{III}, meas 1-4
5-8 Repeat FIG II, meas 5-8 to faster tempo.
~~Jump & swivel at same time.~~

~~Repeat 8 times~~

TOTAL OF 8 TIMES BOTH M & W