

GALADNA
(BULGARIA-VLACH)

THIS DANCE COMES FROM THE VILLAGE OF BOJNICA, VIDIN DISTRICT, IN NORTHWEST BULGARIA AND IS TYPICAL OF DANCES DONE BY VLACHS THERE AND IN NEARBY EAST SERBIA. IT IS RELATED TO THE STARA VLAJNA TYPE. THIS VERSION WAS LEARNED IN BULGARIA BY YVES MOREAU DURING THE FALL OF 1971.

PROMUNCIATION: GAH-LAH-OH-NAH

MUSIC: RPC BG 1002. SIDE A, BD. 2. METER 2/4.

FORMATION: MIXED LINES. BELT HOLD. L OVER R. FACE CTR. WT ON L.

STYLING: KNEES BENT SLIGHTLY. STEPS ARE FAIRLY SMALL AND CLOSE TO THE GROUND.

MEAS	PATTERN
<u>I. BASIC ("VLAJNA") PATTERN</u>	
1	FACING CTR, STEP ON R TO R (1) SLIDE LFT SHARPLY CLOSING IT TO RFT WITH SLIGHT DOWN ACCENT WITH KNEEBEND AT THE SAME TIME PICKING UP RFT OFF GROUND SHARPLY (2).
2	REPEAT PATTERN OF MEASURE 1.
3	STEP ON R TO R (1). PICK UP LFT AND POINT IT SLIGHTLY FWD AND ACROSS R (2).
4	STEP ON L STRAIGHT FWD TO CTR (1). RAISE RFT OFF GROUND BEHIND L (CT 2).
5	FACING CTR, STEP ON R STRAIGHT BWD (1). RAISE LFT SHARPLY IN FRONT OF R (CT 2).
6 - 7	REVERSE PATTERN OF MEASURES 1-2.
8	STEP ON L TO L (1). SWING R LEG SHARPLY ACROSS L. A SMALL HOP ON THE LFT MAY ACCOMPANY THIS ACTION (2).
<u>II. "CHUG" VARIATION</u>	
1 - 2	REPEAT PATTERN OF MEASURES 1-2, FIG. I.
3	FACING SLIGHTLY R OF CTR, STEP ONTO R DIAG FWD (1). HOP ON R SHARPLY SENDING L LEG FWD IN A KICKING FASHION NOT TOO HIGH OFF GROUND (2).
4	STILL FACING DIAG R, SMALL LEAP ONTO LFT (1). SHARP LOW JUMP FWD ONTO BOTH FEET BENDING KNEES (2).
5	STILL FACING DIAG R, JUMP BACK ONTO BOTH FEET TOGETHER WITH SLIGHT KNEE BEND (1) SMALL LEAP ONTO L TURNING TO FACE L AND TWISTING R KNEE UP AND ACROSS L (2).
6	FACING CTR, SMALL STEP ON R TO R (1). SMALL HOP ON R SWINGING L LEG ACROSS R CLOSE TO GROUND (2).
7 - 8	REPEAT PATTERN OF MEASURES 7-8, FIG. I.

NOTE: No SET SEQUENCE TO DANCE. FOLLOW DIRECTIONS OF PERSON LEADING LINE.