

Galaonul
(Oltenia, Romania)

Source: Mircea Ivanescu

Formation: Short lines (8-10 dancers), back or front basket-hold, L hand over R.

Music: 2/4

Measure Step I

- 1 Fall slightly onto Rft to R. (ct. 1); step Lft behind Rft (ct. &); fall slightly onto Rft to R (ct. 2); step Lft behind Rft (ct. &).
- 2-8 Repeat action of measure 1.
- 9 Touch ball of Rft in front of Lft while bouncing slightly on t (ct. 1) bounce on ft and touch heel of Rft in front (ct. 2); step Rft in place (ct. &).
- 10 Reverse action (ftwk) of meas. 9.
- 11 Touch heel of Rft in front (ct. 1) step Rft in place (ct. &) touch heel of Lft in front (ct. 2); step Lft in place (ct. &).
- 12-13 Repeat action of meas. 9-10.
- 14 Fall onto Rft (with accent) in front of Lft (even slightly L) (ct. 1); step Lft back (ct. &); step Rft back (ct. 2); step Lft back (ct. &).
- 15 Step Rft back (ct. 1); bounce on Rft and extend Lft fwd (ct. &); step Lft in place (ct. 2); bounce on Lft and extend Rft fwd (ct. &).
- 16 Repeat action of meas. 15.

Step II

- 1-8 Repeat action of meas. 1-8 of Step I.
- 9 Facing slightly L of center R knee up to L and hop 4 times on Lft (cts. 1, &, 2, &).
- 10 Leap onto Rft in place and reverse action of meas 9.
- 11 Leap onto Lft in place and (as in meas 9) hop 2 times on Lft (cts. 1, &); leap onto Rft in place and hop 2 times on Rft (cts. 2, &).
- 12 Leap onto Lft in place (ct. 1); slap extended Rft in front (ct. &); leap onto Rft in place (ct. 2); slap extended Lft in front (ct. &).
- 13 Run-step Lft in place (ct. 1); run-step Rft in place (ct. &); leap onto Lft in place (ct. 2); slap extended Rft in front (ct. &).
- 14 Step Rft quickly in place (ct. 1); step Lft quickly beside Rft (ct. eeh); step Rft in place (ct. &); leap onto Lft in place (ct. 2); slap extended Rft in front (ct. &).
- 15 Repeat action of meas. 14.
- 16 Leap onto Rft in place (ct. 1); slap extended Lft in front (ct. &); leap onto Lft in place (ct. 2); slap extended Rft in front (ct. &).

Alternate Steps I & II

Presented by Stephen Kotansky at the 2005 Mendocino Folklore Camp.