Form: Circles of three to five couples, hands joined about shoulder high. Basic step is a flat easy waltz.

Meas. 3/4

- Figure 1: All beginning with right foot, circle right 8 measures. circle left 8 measures.
  - Vamp: Stamp twice L-R; 2 waltz to center, 2 bwd to place.
- Figure 2: Partners face center, take cross-hand position in front. Balance fwd and back, with 2 waltz change lady to man's left side without releasing hands. Balance forward and back, change lady to man's right side. Repeat entire figure.
- Figure 3: All join hands in the circle. Waltz right 2 measures, release hands with corner, lady turns left under joined hands of partner; circle left 2 measures, lady turns right under joined hands; circle right, man turns right under joined hands.
- Figure 4: Face partner in a single circle, right hands joined. Balance forward and back, exchange places with lady passing under the joined hands; join left hands, balance forward and back, exchange places, lady turning under joined hands. Repeat the Figure.
- Figure 5: With hands joined, one couple will pass under the arch formed by the opposite couple, pulling the circle after them, to finish with the circle inside out (all facing outward the lead couple then moves backward under the same arch, turning the circle to original position. 8 measures for each movement.
  - Finale: Vamp: Stamp twice L-R. All waltz 2 measures to center, and 2 backward to place, Woman turns under joined hands and bows.