

GAMMAL KULLDANS  
(Sweden)

Gammal kulldans is a mixer from the southern district of the province of Dalarna. Gordon E. Tracie learned it in Sweden in 1970.

Pronunciation: GAHM-mahl KOOL-dahns

Record: Viking V-202a 3/4 meter.

Formation: Cpls in a single circle, hands joined low, W to R of ptr, all facing in.

MeasPattern

- 1-8      A. RING  
24 light running steps moving in RLOD (CW).
- 9-12     B. PARTNER FIGURE  
Release hands, letting them hang loose at sides,  
M turn 1/4 to R; W 1/4 to L to face ptr.  
12 even bounces on both ft, in place, knees flexed  
so that bouncing is smooth and "springy".
- 13-14    C. PARTNER CHANGE IN 6 COUNTS  
Dancers change ptrs by M moving one place CW around  
the ring, W moving one place CCW around the ring to  
end with the orig corner as the new ptr, as follows:
- M: ct 1 clap hands, retaining wt on both ft;  
ct 2 step on R ft outward to own R, to beg a CW pivot;  
ct 3 continue CW pivot on R ft so as to pass "corner" on  
the outside of the ring;  
ct 4 step on L to complete a 3/4 CW turn;  
ct 5 pause (no wt change);  
ct 6 step on R to face inward with former "corner" as new ptr.
- W: ct 1 clap hands, retaining wt on both ft;  
ct 2 step on R ft inwardly to own R to beg a CW pivot;  
ct 3 continue CW pivot on R ft so as to pass "corner" on  
the inside of the ring;  
ct 4 step on L to complete a 1 1/4 CW turn;  
ct 5 pause (no wt change);  
ct 6 step on R to face inward with former "corner" as new ptr

Form single circle again by joining hands with new ptr and new corner and repeat dance to end of music with a ptr change each time on meas 14.

Presented by Gordon E. Tracie