

## GANKINO HORO

- TRANSLATION : "Gana's dance". Gana is a girls name.  
The title of the dance refers to popular folk songs dedicated to or named after a girl or woman called *Gana*.  
Examples are:  
*Zatřila si Gana krivo pero* ("Gana started to shiver like a feather")  
and *Es nagore, Gano, es nadolu* ("And up, Gano, and down").  
Both songs are from Pleven district in Central Northern Bulgaria also called the ethnographical region of *Severnjaško*.  
The dance is called *Gankina, Gankinata, Gankinoto Horo* or *Gankino Horo*.
- BACKGROUND : *Gankino* is the *Kopanica* (dance in 11/8 meter 2-2-3-2-2) of Northern Bulgaria. They differ from the *Kopanica*, as the 11/8 equivalent is called in the regions of *Trakija* and *Šopluk*, in - the amount of measures of its basic dance pattern and - dance style as well.  
*Gankino* has a three-measure basic dance pattern and the variations mostly occur on cts 4-5 of the last two measures.  
The other 11/8 dances of Northern and N.W. Bulgaria belonging to three-measure *Kopanica*'s are:  
*Cibarsko Horo* or *Cibarska Kopanica* and *Lamba Lamba*.
- ORIGIN : The basic form of the dance described here comes originally from *Severnjaško*, Northern Bulgaria. Today however it has spread out throughout the entire country and has become one of the popular and often seen "Pan Bulgarian basic dances" on many weddings and festivals.
- MUSIC : Cassette "PAN BULGARIAN FOLK DANCES" - JL1987.02  
by Jaap Leegwater. Side B ~~#~~ II,5
- METER : 11/8
- 1 2 3 4 5  
Q Q S Q Q
- SOURCE : Observed at weddings and dance gatherings in Northern Bulgaria. Also learned as a student at the State Choreographers School in Plovdiv in 1972 and 1975.
- STYLE : *Severnjaški* :  
- light and jumpy.
- FORMATION : Half or open circle.  
Hands at belt hod position, L arm over.
- INTRODUCTION : 8 or 16 measures.

GANKINO HORO

BASIC PATTERN

MEAS PATTERN

Part 1 *Pribiranè* ("closing step")

- 1 facing diag R, moving in LOD,  
step on R ft (ct 1),  
step on L ft (ct 2),  
small lift on L ft followed by a  
step on R ft, slightly bending R knee (ct 3),  
hop on R ft, lifting L knee in front (ct 4),  
step on L ft (ct 5)
- 2 turning body face ctr, moving sdwd R,  
step on R ft (ct 1),  
step on L ft behind R ft (ct 2),  
step on R ft bending R knee (ct 3),  
step and close L ft next to R ft, bouncing on both ft (ct 4),  
bounce on R ft, taking wt off L ft (ct 5)
- 3 facing ctr, moving sdwd L,  
step on L ft (ct 1),  
step on R ft behind L ft (ct 2)  
step on L ft bending L knee (ct 3),  
step and close on R ft next to L ft, bouncing on both ft (ct 4),  
bounce on L ft, taking wt off R ft (ct 5)

Note: "Old men's style"

cts 4 and 5 of meas 2 and 3 can also be performed as follows:  
stamp and close (ct 4),  
hold (ct 5)

V A R I A T I O N S

Described below are some of the individual and regional differences, which can be seen as variations on the basic theme (Part 1 *Pribiranè*). All variations can be done in any order or combination at either side (meaning sdwd R and sdwd L in meas 3 and 4) or at one side only.

Notated are only these cts that are different from what is described in the Basic Pattern.

Part 2 *Globka* ("heel-click")

- 2 step on R ft sdwd R, moving L ft to the left with the heel turned out (ct 3),  
sharply close L ft next to R ft (ct 4),  
hold (ct 5)
- 3 facing ctr, moving sdwd L,  
step on L ft (ct 1), step on R ft fwd in front of L ft (ct 2),  
repeat action of ct 3-5 of meas 2 with opp ftwk & directions



MEAS    PATTERNPart 3 Nabivanè ("Stamps")

- 2    step on R ft sdwd R (ct 3),  
 hop on R ft, lifting L knee in front (ct 4),  
 strike L heel, without wt, next to R toes (ct 5)

Part 4 Dvojna Nabivanè ("Double Stamps")

- 2    step on R ft sdwd R, extending R leg diag L fwd close to the floor (ct 3),  
 strike L heel on the floor diag L in front (ct 4),  
 strike L heel on the floor straight fwd (ct 5)

Part 5 Nošica ("Siccors")

- 2    rock back on R ft in place, kicking L ft fwd along the floor with the  
 toes pointed down (ct 3),  
 step or small leap onto L ft in place, kicking R ft fwd along the floor  
 with the toes pointed down (ct 4),  
 repeat action of ct 4 with opp ftwk (ct 5)

Part 6 Lost na čalo hodilo ("Sole Slaps")

- 2    step on R ft sdwd R (ct 3),  
 hop on R ft in place, throwing L leg up straight fwd and in front (ct 4),  
 first slap the sole of the L ft down in front and pull leg slightly  
 in tw you (ct 5)

Part 7 Krāstosane ("Crossing")

- 2    "fall" or leap onto R ft in place, sharply lifting L knee in front (ct 3),  
 step on L ft in front of R ft (ct 4),  
 step back on R ft in place, lifting L knee in front (ct 5)

Part 8 Napred-Nazad ("Forward - Backwards")

- 2    turning body face ctr, step on R ft bkwd bending body at waist (ct 1),  
 step on L ft bkwd next to R ft (ct 2),  
 step on R ft fwd twd ctr (ct 3),  
 hop on R ft and straighten up the body (ct 4),  
 step on L ft fwd (ct 5)
- 3    hop on L ft (ct 1),  
 step on R ft fwd (ct 2),  
 Čukce ("heel-tap") on R ft, pumping L leg down (ct 3),  
 hop on R ft, swinging L ft in arc bkwd (ct 4),  
 step on L ft behind R ft (ct 5)
- 4    hop on L ft, swinging R ft in an arc bkwd (ct 1),  
 step on R ft behind L ft (ct 2),  
 strike L heel, without wt, next to R toes (ct 3),  
 low leap onto L ft, lifting R knee in front (ct 4),  
 strike R heel, without wt, next to L toes (ct 5)