dance: GANKINO HORO tune : PETROVO HORO	TRANSLATION : The Râčenica is a dance version of the Râčenica
SOURCE	: This dance, named after a girl called Ganka, is <u>the</u> Kopanica from the Severniaško region (Northern Bulgaria). Kopanica is a dance in 11/8 meter.
RECORD	: Balkanton BHK 3395 Side I
STYLE	: Lightly and "jumpy"
FORMATION	: Line or open circle, using belt-hold (R-hand under, L-hand over)
METER	: 11/8 : 1-2, 1-2, 1-2-3, 1-2, 1-2. Counted here as: 1,2,3,4,5.
INTRODUCTION	: No introduction
MEAS PATTERN	Part 1 Selection of the second
	CW, step on R fwd(ct 1), step on L fwd(ct 2), R fwd(ct 3), hop on R, lift L off the floor

step on R fwd(ct 3), hop on R, lift L off the floor with bend knee(ct 4), step on L fwd(ct 5) This step is called: KOPANICA-step 2 - 4repeat action of meas 1 three more times 5 repeat action of meas 1 6 step on R fwd(ct 1), step on L fwd(ct 2), step on R, bending knee, turn body facing centre(ct 3), close L beside R and bounce(ct 4), bounce(ct 5) 7 step on L sdwd(ct 1), step on R across in front of L(ct 2), step on L sdwd(ct 3), Close R beside L, without taking weight(ct 4), hold(ct 5) 8-16 repeat action of meas 5-7 three more times Part 2 1 repeat action of meas 1 of Part 1 2 turn body facing centre, step on R bkwd(ct 1), step on L bkwd(ct 2), step on R fwd(ct 3), hop on R(ct 4), step on L fwd(ct 5) 3 hop on L(ct 1), step on R fwd, lift L knee at waist level(ct 2), hop on R, stretch L downwards(ct 3), hop on R, bringing L around behind R with bend knee(ct 4) Step on L behind R(ct 5) 4 hop on L, bringing R around behind L with bend knee(ct 1) step on R behind L(ct 2), stamp R heel beside R(ct 3), leap on L in place(ct 4), stamp R heel beside L(ct 5) 5-8 repeat action of meas 1-4

Presented by Jaap Leegwater

Blanda de Jong: 1982

Description by Jaap Leegwater & Bianca de Jong 1982

PNDING on the last measure of the music: leap on I lift Kinee at waist level(ct 1), stamp R heel beside L(ct 2 hold(ct 3)

ts step is called RASERICA - step SLE peat action of meas I with opp from, RASERICA- step LRC on L bkwd, simultaneousiy arms soving fwd and down (ct sp on R, arss soving bkwd (ct 2), step on L bkwd, as moving fwd (ct 1) as moving fwd (ct 1)

a Rice and a rep on L radice 1-23, hep on L(et 2) repart whether of meas 1-1 above the stoor, arms moving blad(ct 2), step on L actors on R ame, arms moving blad(ct 2), step on L actors parted a proving blad(ct 2) step on L actors arms moving blad(ct 2) arms a strong of meas 5 three more times repart of meas 5 three more times arms a strong of meas 1-6 arms a strong of meas 1-7 arms a strong of meas 1-6 arms a

Part 1