

GARAMBAL

Philippines

- SOURCE: The name of this dance came from two Spanish words, "gran" and "valse" (which means "grand waltz"), corrupted into one word, "garembel." This dance came from Camiling, Tarlac. It is performed by two girls and one boy.
- COSTUME: The girls are dressed in Ilocano costume, the boy in "berong tagalog" and black trousers. The girls have "buri" hats on.
- RECORD: MICO MX-589A
- MUSIC: Divided into two parts A and B.
Count one, two, three to a measure.
- FORMATION: The boy stands between the two girls who are about six feet from each other. All face the audience. (See diagram A.)

O X O

Diagram A

INTRODUCTION

MUSIC INTRODUCTION

- (a) Take a three step turn right in place.....2 M.
 (b) Point the R foot across the L in rear and bend the knees slightly. "Kumintang" counterclockwise with the right hand, the boy places his left hand on waist, the girls hold their skirts with the left. Look at right hand.....1 M
 (c) Step R foot sideward and point the L across the R in rear. Reverse the position of the hands and "kumintang" clockwise with the left hand. Look at the left hand.....1 M

I

MUSIC A. Play slowly.

- (a) Starting with the R foot, take three close steps forward. Girls holding their skirts and boy's hands on waist.....3 M
 Pause. Girls look at the boy; the boy looks at both girls.....1 M
 (b) Take a three step turn right in place. Girls hold their skirts and boy places hands on waist (cts. 1,2,3). Point the R across the L foot in rear, bend knees slightly and "kumintang" with the right hand counterclockwise. The left hand of the boy is on waist and the girls' left hands are holding skirts (cts. 1,2,3).....2 M

Continued...

- (c) Repeat (b) turning to the left. Reverse the hand positions...2 M
 (d) Repeat (a).....4 M
 (e) Girls take off hats with the right hand. Starting with the R foot, all take six steps backward to proper places. Take one step for every count.....2 M
 (f) Close the R foot together with the L in first position and bow to audience.....1 M
 (g) Girls put on hats again.....1 M
 (h) Repeat all (a,b,c,d,e,f).....15 M
 (i) The boy steps forward in front of the girls with his back toward the audience. The girls face each other holding their hats. (see diagram B).....1 M

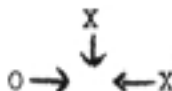


Diagram B

II

MUSIC B.

Boy's Part:

- (a) Take three sway-balance steps, R and L, arms in fourth position, R arm high.....6 M
 (b) Pause with the L foot pointing in front and arms in fourth position, R arm high.....2 M
 (c) Repeat (a), starting with the L foot. Reverse the arm positions..6 M
 (d) Take three steps forward to proper place.....2 M

Girls' Part:

- (a) Point the R across the L foot in rear and bend the knees slightly. Holding the hats with both hands (the right hand holding the top, the left the brim of the hat), sway the hat gracefully to sideward R and L (taking two measures for each side).....8 M
 (b) Face the audience and repeat (a). (See illustration).....8 M

III

MUSIC C. Play a little faster.

The boy faces the girl on his right side. Girls put on hats and face each other.

Girls' Part:

- (a) Girls execute sixteen sway-balance steps with a point, R and L. Arms in fourth position, R and L arm high alternately.....32 M

Boy's Part:

- (a) Two sway balance steps with a point (R and L). Arms in fourth position, as in (a).....4 M

Continued...

(b) Turn right about pivoting on the R foot to face the girl at his right. Repeat (a).....4 M

(c) Repeat (b) six times more facing the girl on his left and right side alternately. He dances in an opposite direction to the girl he faces24 M

Note: He smiles at the girls. The girls smile when he is facing them and frown when his back is turned.

Saludo: The girls take off hats and all bow to the audience.....2 M