

# GARBA

GARBA (India)

A clapping circle dance from Gujerat in Western India. This dance is performed specially at the Nav-ratri festival (Nav = nine + Ratri = nights). /This dance is performed for nine nights in honour of the Mother Goddess.

Note: Each measure is 12 counts.  
Throughout the dance the LF moves fwd on Cts. 4, 8, & 12  
Each figure starts with Ct. 12 stepping fwd on LF and Ct. 1 is always with the RF meeting the L.

FORMATION: circle - all face slightly LOD

Introduction: Done for about 2 measures while dancers gather and get set for the dance. IN & OUT - R, R, L, L,

- Ct. 12 (of previous measure) - Move fwd into circle on LF
- Ct. 1 - Bring RF to L and CLAP
- Ct. 2 - Step back on RF
- Ct. 3 - Bring LF on R
- Ct. 4 - Move fwd into circle on LF
- Cts. 5-8 & 9-12 - Repeat these 4 cts. twice more to complete 1 measure.

FIGURE I - In and out, fwd LOD, fwd RLOD.

- Cts. 1-2 As in introduction
  - Ct. 3 Bring LF to RF at the same time do a 1/4 turn to face LOD.
  - Ct. 4 Move fwd in LOD on LF
  - Ct. 5 Bring RF to L and CLAP
  - Ct. 6 Step back on RF
  - Ct. 7 Bring LF back to RF at the same time do a 1/2 turn to face RLOD
  - Ct. 8 Move fwd (RLOD) on LF
  - Ct. 9 Bring RF beside LF and CLAP
  - Ct. 10 Step back on RF
  - Ct. 11 Bring LF beside RF, at the same time do a 1/4 turn to face center
  - Ct. 12 Lead fwd into the circle on LF
- Do Figure I, 4 times.

FIGURE II - In and out, fwd LOD, One complete turn RLOD

- Cts. 1-7 As in Fig. I
  - Cts. 8-11 One complete turn in RLOD, LF, R tog, RF, L tog. Thus:
    - Ct. 8 - Step fwd in RLOD on LF
    - Ct. 9 - Bring RF to L and CLAP (you should now be facing out from the circle)
    - Ct. 10- Step on RF continuing the turn.
    - Ct. 11- Bring LF beside RF, ending up facing the center
- Do Figure II, 4 times.

FIGURE III - In and out with two complete turns in RLOD.

- Cts. 1-3 As in Figs. I & II. Thus:
    - Ct. 12 (of previous meas.) Move fwd into circle on LF
    - Ct. 1 Bring RF beside LF and CLAP
    - Ct. 2 Step back on RF
    - Ct. 3 Bring LF to R, turning body to LOD
  - Now Cts. 4-7 do a complete 4 step turn with L, RF tog, R, LF tog. Thus:
    - Ct. 4 Step back on LF and start turning in RLOD
    - Ct. 5 Bring RF tog and CLAP
    - Ct. 6 Step on RF continuing turn
    - Ct. 7 Bring LF beside RF facing center
  - Cts. 8-11 Repeat cts. 4-7
  - Ct. 12 Move fwd into the circle on Ct. 12
- Do Figure II, 4 times, or to the end of the dance.