

GERAKINA (SYRTO)--Greece
(Open circle dance, no partners)

RECORD: Folkraft No. 1060x45B

TRANSLATION: "Gerakina" is a girl's name; "Syrtro" is a type of Greek dance.

FORMATION: Single open circle, no partners, leader at right end.

STARTING POSITION: Hands joined at shoulder height, elbows bent; right foot free.

MEASURE

PART I (Music A)

- 1 Moving diagonally forward to the right, STEP RIGHT (ct 1-2) and HOP slightly on RIGHT foot (ct 3), CROSS AND STEP LEFT in front of right (ct 4-5), STEP RIGHT sideward to the right (ct 6-7).
- 2 CROSS AND STEP LEFT slightly behind right (ct 1-2-3), POINT RIGHT TOE in place beside left drawing right heel over left foot (ct 4-5, 6-7).
- 3-8 REPEAT pattern of measures 1 - 2 three more times.

PART II (Music B)

(Hands still joined but held downwards)

- 9 Facing and moving right, THREE LONG-SHORT-SHORT WALKING STEPS in rhythm, right (ct 1-2-3), left (ct 4-5), right (ct 6-7).
- 10 Continue with ONE (LONG) WALKING STEP with left foot (ct 1-2-3) then POINT RIGHT TOE beside left toe TURNING HEEL out (ct 4-5) the in (ct 6-7).
- 11 REPEAT pattern of measure 9.
- 12 Continue with ONE (LONG) WALKING STEP with left foot (ct 1-2-3) then CLOSE AND STEP RIGHT in place beside left foot, turning to face center and keeping right foot free (ct 4-5, 6-7).
- 13-14 Facing center and moving forward, REPEAT pattern of measures 9-10, raising hands in front to shoulder height.
- 15-16 Moving backward, SIX LONG-SHORT-SHORT WALKING STEPS in rhythm, starting with right foot and accenting the long step (ct 1-2-3) with a knee bend.
- 17-18 With weight on left foot POINT RIGHT TOE beside left toe TURNING right HEEL out (ct 1-2-3), in (ct 4-5), out (ct 6-7), in (ct 1-2-3) out (ct 4-5) then draw right heel over left instep (ct 6-7).
- 19-20 Drop hands and pivot clockwise individually once around with SIX-LONG-SHORT-SHORT WALKING STEPS in rhythm starting with right foot. Left arm is held straight forward during this, wrist bent and fingers straight upward; right arm is bent, hand behind back.

NOTE: Music for this dance is in 7/8 rhythm, counted 1-2-3, 6-7. Steps of measures 9, 11, 13, 15-16 and 19-20 should be long-short-short and not equal-valued walking steps.

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