

GERAKINA  
(Gair<sup>h</sup> ah kee na)  
(Greek)

- Source: Learned in Greece by Anatol Joukowsky
- Records: Folkways FP 814 Side I, band 3; Victor 26-8220B. Liberty 84A
- Formation: Open circle. Dancers join Hs with L arm extended diag L, about shoulder height; R arm with elbow bent, shoulder high; R forearm (horizontal) beneath and supporting extended L arm of next dancer. Dancers face diag R and circle moves to R (CCW).
- Rhythm: Gerakina is in 7/8 meter, counted 1-2÷3, 1-2, 1-2. This may also be stated 3/8, 2/8, 2/8. Sometimes the 2/8, 2/8 is combined to give a step 4/8 in duration. In the cts given below ct 1 is always 3/8, ct 2 is 4/8. If the meas has cts 1, 2, & ct 1 is 3/8, ct 2 is 2/8 and ct & is also 2/8.
- Styling: This dance starts out quiet and restrained, no hop in the first figure, not much distance covered. On each repeat there is more vigor and momentum for the M. W remain feminine; they do not hop, merely lift on the toe, but they do make a strong sweep with the L leg on ct 2 of the 1st meas. Turns are sharp. Eyes are low during Fig II. The knees turn, not the hips on the Droom steps.
- Steps: Walk: short and springy with a relaxed knee.  
Touch: always done with R ft. May be done once, twice or 4 times. Wt on L, touch ball of R ft in front of, and close to toe of L. R heel close to floor. R toe may point in (to L) or out (to R).  
Short Droom: Step L (ct 1). Touch R, toe in (ct 2). Touch R, toe out (ct &).  
Long Droom and Pose: (2 meas) Wt is already on L. Touch R 4 times: toe in (ct 1). Toe out (ct 2). Toe in (ct &). Toe out (ct 1). Strike following pose on ct 2. Release Hs. Leave L arm extended diag, palm of H twd ctr with fingers pointing up. R arm behind bk, palm out. Lift R leg, knee bent, heel held in front of L knee.

<u>Meas.</u>	<u>Pattern</u>	
cts 2 &	Introduction	
	<u>I. Grapevine</u>	
1	Step R in LOD (ct 1). Hop R and start moving L (upbeat). Step L in front of R (ct 2). Step R in LOD, turning to face ctr (ct &). S (hop) QQ	
	Note: Hop after ct 1 is omitted the 1st time through but is done in all the repeats.	
2	Step L bk of R (ct 1). Touch R, toe out (ct 2).	SS
3-8	Repeat action of meas 1-2 three times (4 in all).	
	<u>II. Forward and Short Droom</u>	
	Keeping Hs joined, drop arms dn. Face LOD (CCW).	
9	Step R (ct 1). Step L (ct 2). Step R (ct &).	SQQ
10	Short Droom as described above.	SQQ
11	Step R (ct 1). Step L (ct 2). Step R (ct &).	SQQ
12	Step L, turning to face ctr (ct 1). Raise joined Hs fwd. Touch R twd ctr (ct 2).	SS
	<u>III To the center and Drop Back</u>	
13-14	Moving fwd twd ctr of circle, repeat action of Fig II meas 9-10	SQQ SQQ
15	Moving bkwd away from ctr, drop bk into sitting pos on R ft, L toe touching floor in front of R, then flicking fwd with slight kick (ct 1).	

Gerakina

Meas.	Pattern	
	Step bkwd L (ct 2). Step bkwd R (ct &).	SQQ
16	Repeat action of meas 15, starting L.	
	<u>IV. Long Droom, Pose and Solo Turn</u>	
17-18	Long Droom and pose as described in steps above.	SQQ SS
19	Without changing arms, each dancer turns CW in place. Step R (ct 1)	
	L (ct 2), R (ct &). End facing ctr.	SQQ
20	Step L (ct 1). Touch R (ct 2).	
Repeat entire dance to end of record.		

--presented by Anatol Joukowsky

--notations prepared with assistance of Ruth Ruling

Moving fwd away from ctr, drop bk into sitting pos on R ft, L toe touching floor in front of R, then flicking fwd with slight kick (ct 1).  
 Moving fwd two ctr of circles, repeat action of Fig II meas 9-10. SQQ SQQ  
 III To the center and Drop Back  
 Step L, turning to face ctr (ct 1). Raise joined Hs fwd, Touch R  
 Step R (ct 1), Step L (ct 2), Step R (ct &).  
 Short Droom as described above.  
 Step R (ct 1), Step L (ct 2), Step R (ct &).  
 SQQ SQQ SQQ  
 Keeping Hs joined, drop arms on Face LOD (CCW).  
 II. Forward and Short Droom  
 Repeat action of meas 1-2 three times (+ in all).  
 Step L bk (ct 1), Touch R, toe out (ct 2).  
 the toe out.  
 Note: Hop after ct 1 is omitted the first time through but is done in all  
 of R (ct 2), Step R in LOD, turning to face ctr (ct &). S (hop) SQQ  
 Step R in LOD (ct 1), Hop R and start moving L (upbeat), Step L in front  
 I. Introduction  
 the toe out.