

GILANKA or PRIŠTEVKA -- Kosmet
(Line dance for men, no partners)

Macedonia

Translation: from Gilani or Pristina, towns in Kosmet,
Yugoslavia.

Record: Folkraft LP-24, side A band 4 (3:11).



Starting Position: Belt hold. Right foot free.



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Music 2/4

Measure

- 1-2 Facing slightly and moving right, two LIFT-STEPS* (left, right, forward)
- 3 Turning to face center, one LIFT-STEP (left) in place.
- 4  Raise left knee, swinging left foot in front of right leg. (count 1),
Straighten left knee, touching left toe front and sideways left (count 2).
- 5 - One LIFT-STEP (right) in place.
- 6  Raise right knee, swinging right foot in front of left leg (count 1),
Straighten right knee, touching right toe in front and sideways right. (count 2).
- 7 One LIFT-STEP (left) in place.
- 8-10 Same as measure 4, 5, 6.

* LIFT-STEP (right): Lift on right foot, raising left knee and swinging left foot across and front of right leg (count 1), Step on left foot in place (count 2). SEE ALSO GLOSSARY.