

GILGODENN

(Brittany - France)

Gilgodenn or *Jilgodenn* is a type of circle mixer from Poher in the Black Mountains region of Finistere in West Brittany. It is related to the type of dance known as *Gavotte des Montagnes*.

Pronunciation: Zheehl-GOH-dehnn

Music: Yves Moreau CD

Rhythm: 2/4

Formation: Circle of cpls, wt on R, slight knee bend, face **RLOD**, hands joined down in V pos

Style: Happy , earthy and strong

Meter 2/4

Pattern

1-16 Intro music. No action. Start with song

1. Basic travel (*Gavotte*)

Arms: During the basic travel, arms swing regularly and evenly fwd (uneven cts) and back (even cts) with straight elbows.

1 Moving RLOD, step on L (1) step on R (2)

2 Step on L (1) light touch of ball of R, no wt (&) step on L (2)

3 Step on R (1) step on L (2)

4 Step on R (1) light hop onto R, raising L knee

5-8 Repeat pattern of meas 1-4

2. Turning partner

1-8 All the M face the W on their L (corner lady), take a R hand hold , bent elbow (free hand hangs down at side of body) and describe a complete turn around CW using the basic ftwrk of Fig. 1. and ending up with the corner lady on their R side and everyone re-joining hands in a circle to start dance from beginning.

Presented by Yves Moreau