

## Ginka Bulgaria

Ginka (GIHN-kah) is a girl's name. This three-figure dance for both men and women is from the town of Petrič, near the Greek border in the Vardar River region of Pirin Macedonia. It was taught at the '95 Stockton Folk Dance Camp by Nina Kavardjikova, who learned it from Atanas Sinanski, a researcher and choreographer from Sandanski. A shorter version was taught at the '87 Kolo Festival by Anastasia Moskova, whose source was the Gotse Delchev Ensemble of Sofia. The dance has been taught also by Jaap Leegwater, who learned it in 1969 at the State Choreography School in Sofia.

Cassettes: Folk Dances from Bulgaria, NK1995.03, Side B/1; Bulgarian Folk Dances, Kolo Festival, (AM) 1987, Side B/4; Folk Dances from Bulgaria, JL1991.02, Side B/4, and JL1992.02, Side B/5.

Rhythm: Meter = 7/8 = 3, 2, 2, counted here as 1, 2, 3 or slow, quick, quick.

Formation: Open circle with hands joined in W-pos. Leader may wave and spin a handkerchief in right hand for emphasis and/or to signal pattern changes.

Styling: In Pirin Macedonia steps tend to be light, with soft leaps, hops, and ankle bounces.

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Measures 7/8 meter PATTERN

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INTRODUCTION None or wait two measures, beginning dance on Fig I, meas 3.

### I. BOUNCE WITH HANDS IN W-POS

- 1-3 Facing LOD, bounce on L heel, lifting R knee and pumping R leg fwd and down (ct 1); step fwd on R (cts 2-3). Repeat twice, alternating ftwk.
- 4 Still facing LOD, step on L in front of R (ct 1); step on R behind L (cts 2-3).
- 5 Bounce on R heel in place, pivoting CCW to face RLOD, while bringing raised L leg with bent knee around R (ct 1); facing RLOD, step back on L in LOD (cts 2-3).
- 6 Pivoting CW to face LOD, leap fwd onto R, L (cts 1,2-3).

### II. HOP AND JUMP WITH HANDS IN V-POS

- 1-2 With hands in V-pos and with 'hop' replacing 'bounce', repeat Figure I, meas 1-2.
- 3 Facing LOD, hop on L, lifting R knee and pumping R leg fwd and down (ct 1); chug slightly back on L, bringing straight R leg beside L (ct 2); step on R slightly back of L with bent knee (ct 3).
- 4 Step fwd in LOD on L, bending L knee (ct 1); straightening both knees, jump fwd onto both ft and bend knees (cts 2-3).
- 5-6 With 'hop' replacing 'bounce', repeat ftwk of Figure I, meas 5-6.
- (5-6) Variation: Release hand hold and, with hands down at sides, repeat meas 5-6 without pivoting.

### III. RELEASE HANDS AND ROTATE

- 1-4 Repeat Fig II, meas 1-4.
- 5 Release hand hold; M raise hands above head level; W put R hand beside head, L hand on waist. Starting to turn CCW, hop twice on R (cts 1,2); leap onto L, completing turn to end facing LOD (ct 3).
- 6 Leap fwd in LOD onto R, L (cts 1,2-3). Rejoin hands in V-pos on ct 1 of following measure.

SEQUENCE: Pattern changes are at the direction of leader. In class Nina danced the following sequence: Fig I, 8 times; Fig II, 5 times; Fig III, 4 times; Fig II, 3 times; Fig III, 2 times plus 4 meas.