

# GINKA

(Pirin, Bulgaria)

Source: Jaap Laegwater, Maria Eftimova, village dancers at Koprivatica

Formation: Open circle with V-hold

Music: 7/16

Dancer's Beat: 1 2 3

Meas

## Travelling Step

- 1 Facing R of ctr, lift on Lft and pump-kick Rft down and fwd (ct 1); step Rft fwd (cts 2-3);
- 2 Still moving fwd, reverse fwd of meas 1
- 3 Lift on Lft and pump-kick Rft fwd (ct 1); small hop on Lft again in place (ct 2); step Rft slightly back (ct 3);
- 4 Step Lft slightly fwd (ct 1); step Rft fwd (ct 2-3).
- 5-8 Still moving fwd, reverse fwd of meas 1-4

## Basic Ginka

- 1-3 Repeat action of meas 1-3 above
- 4 Step Lft fwd (ct 1); turning to face ctr, jump onto both feet together (cts 2-3);
- 5 Hop on Rft bring Lft out and around back (ct 1); hop on Rft again continuing movement of Lft (ct 2); step Lft behind Rft (ct 3);
- 6 Turning to face R of ctr, step Rft fwd (ct 1); Step Lft fwd (cts 2-3).

## B Meas Variation

- 1-4 Repeat action of meas 1-4 of Basic Ginka.
- 5 Hop on Rft and bring Lft around and back (ct 1); step Lft behind Rft (ct 2); step ball of Rft in front of Lft (ct 3);
- 6 Step Lft behind and slightly to R of Rft (ct 1); step Rft to R (cts 2-3);
- 7 Step Lft behind and to R of Rft (ct 1); turning to face R of ctr, step Rft fwd (cts 2-3);
- 8 Lift on Rft and pump-kick Lft fwd (ct 1); step Lft fwd (cts 2-3).

\*Note: to work well with the 4 meas melodic structure of most Ginkas, start with the melody and do each variation 4 times.

Presented by Stephen Kotensky

*Paulder 2007*



(Village Pokraina, Vidin Region, North-west Bulgaria)

Source: Tsvetanka Vasileva Georgieva (Kalin Kirilov's Mother) at EEFC Iroquois Springs, NY August 2006

Formation: Open circle with V-hold

Music: 4/4

Meas

- 1 Facing slightly R of ctr, step Rft with slight accent (ct 1); close Lft to Rft (ct &); step Rft to R (ct 2); close Lft to Rft (ct &); step Rft to R (ct 3); Slap Lft with wt fwd in front of Rft (ct 4).
- 2-3 Repeat action of meas 1 (3 times in all)
- 4 Turning to face ctr, step Rft fwd toward ctr with accent (ct 1); step Lft back away from ctr (ct 2); step Rft slightly to R (ct 3); step Lft in front of Rft (ct &); step Rft back to place (ct 4); lift on Rft in place and lift Lft slightly fwd (ct &).
- 5 Step Lft slightly to Lft (ct 1); step Rft in front of Lft (ct &); step Lft back to place (ct 2); lift on Lft in place and lift Rft slightly fwd (ct &); repeat action of cts 3-4 of meas 4 (cts 3-4)
- 6-10 Reverse action of meas 1-5 doing dance to the left (CW).

\*Note: It is also common to move only to the right by adding cts 1-2 of meas 5 at the beginning of meas 6 (only 2 cts) and then beginning dance from meas 1 again moving to the right.

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