

GJUŠEVSKA RAČENICA

(gyoo-shev-skah ruh-cheh-nee-tsah)
Bulgaria

SOURCE: Learned in Sofia, Bulgaria by Yves Moreau from Nasko Vassilev, director of village dance group in Gjuševo, summer 1966.

RECORD: XOPO (45rpm) X-318

RHYTHM: $\frac{7}{16}$ - (one-two-THREE) or (quick-quick-SLOW)

STARTING POSITION: M & W in separate short lines holding belts ("na lesa")

STYLING: The people of the "shope" region are very proud by nature, yet their dances remain somewhat heavy in character. The upper part of the body is upright straight most of the time except for occasional bends. It is the legs and the feet that play the important role in the dance. Movements are firm and sharp. Head movements often accompany the intricate footwork.

Measure

Figure 1

- 1 With weight on left foot and body facing completely LEFT, HOP once on left foot (1) step backward on right foot (2) step backward on left foot (3)
- 2 REPEAT pattern of measure 1
- 3 Turning body to face forward, step sideways right with right foot (1) step on left foot crossing in front of right (2) step on right in place (3)
- 4 Moving in same direction, step on left foot crossing in back of right (1) step on right foot in place (2) step on left foot crossing in front of right (3)
- 5 Three small running steps in place starting with right (R-L-R) (1,2,3)
- 6 HOP on right foot in place bringing left leg forward up describing a small circular motion (1) step on left foot in place (2) step on right foot in place (3)
- 7 REPEAT pattern of measure 6
- 8 Turning body DIAGONALLY LEFT, step on left foot in place (1) step back on right foot (2) step again on left foot in place and with weight on both feet, do a small flexion (3)
- 9-15 REPEAT pattern of measures 1-7
- 16 SAME footwork as in measure 8 but body facing directly FORWARD

Figure 2

- 1 With weight on left foot, HOP twice on same with right leg out straight touching floor (1,2) slight LEAP forward onto right foot crossing in front of left (3)
- 2 REPEAT pattern of measure 1 reversing FOOTWORK (still moving forward)
- 3-4 REPEAT pattern of measures 1-2
- 5 REPEAT pattern of measure 1 moving directly BACKWARD
- 6 REPEAT pattern of measure 5 reversing FOOTWORK (still moving backward)
- 7-8 REPEAT pattern of measures 5-6
- 9-16 REPEAT pattern of measures 1-8

(continued)

Measure

Figure 3

- 1 With weight on left foot, HOP on same once in place bringing right leg up straight diagonally right (1) HOP again on left foot bringing right leg in back of left (2,3)
- 2 Three small RUNNING STEPS in place starting with right foot (1,2,3)
- 3 REPEAT pattern of measure 1 reversing DIRECTION and FOOTWORK
- 4 REPEAT pattern of measure 2
- 5-8 REPEAT pattern of measures 1-4
- 9 Moving DIRECTLY FORWARD, one small SHOPE PAS-DE-BASQUE to the right starting with right foot (1,2,3)
- 10 REPEAT pattern of measure 9 reversing footwork (still moving forward)
- 11 Step on right foot forward (1) HOP once on same bringing left knee up and turning body to face slightly right (2,3)
- 12 REPEAT pattern of measure 11 reversing footwork (still moving forward)
- 13-14 REPEAT pattern of measures 9-10
- 15-16 With weight on left foot, two SCISSOR-STEPS in place (1,2,3-1,2,3)

Figure 4

- 1 With weight on left foot, HOP on same, touching floor with heel of right foot forward & diagonally right (1) HOP again on left bringing right leg up in front of left (2,3)
- 2 HOP on left foot in place (1) step on right foot in place (2) step on left foot crossing in front of right (3)
- 3 With weight on left foot, step back on right in place (1) step on left in place (2) step on right crossing in front of left (3)
- 4-5-6 REPEAT pattern of measures 1-3 reversing DIRECTION and FOOTWORK
- 7 REPEAT pattern of measure 1
- 8 Three small BOUNCES in place, feet together (1,2,3)
- 9-12 REPEAT pattern of measures 5-8 in figure 2
- 13-15 REPEAT pattern of measures 1-2-3
- 16 REPEAT pattern of measure 8

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Presented by Yves Moreau