

Gjuševska Rūčenica

(Shope---Bulgaria)

Source: Learned by Yes Moreau, in Sofia, Bulgaria, from Nasho Vassilev, director of the village dance group of Gjuševo, in the summer of 1966.

Record: XOPQ 318-P (45 rpm).

Rhythm: 7/8 -- 2/8 + 2/8 + 3/8, or quick-quick-slow, or 1-2-3.

Formation: Segregated short lines of M & W, in belt hold (na lessa), L over, P under.

Styling: The people of the "Shope" region are very proud by nature, yet their dances remain somewhat heavy in character. The upper part of the body is straight upright most of the time, except for occasional bends. It is the legs and feet that play the important role in their dances. Movements are firm and sharp. Head movements often accompany the intricate footwork.

Meas Cts

Figure I

- 1 1 Facing RLOD, but moving LOD, hop on L.
- 2 Step bkwd on R.
- 3 Step bkwd on L.
- 2 1-3 Repeat action of meas 1.
- 3 1 Turning to face cntr, step sdwd R on R (LOD).
- 2 Step on L across in front of R.
- 3 Step on R next to L.
- 4 1 Continuing to face cntr, step L across behind R.
- 2 Step on R to R.
- 3 Step on L across in front of R.
- 5 1-3 Do 3 small running steps in place, P-L-R.
- 6 1 Hop on R, at same time bringing L ft out and around in a clockwise circular motion.
- 2 Step on L alongside of R.
- 3 Step on R in place.
- 7 1-3 Repeat action on meas 6.
- 8 1 Turning to face diagonally L, step on L alongside of R.
- 2 Take a small step back on R.
- 3 Step on L alongside of R, and do a small flexion with wt on both ft.
- 9-16 -- Repeat action of meas 1-8, but during meas 16 face center.

Figure II

- 1 1-2 Moving twd cntr, hop on L twice, touching extended R ft to side (1), then diagonally fwd to R (2).
- 3 Make a small leap fwd onto R across in front of L.
- 2 1-3 Repeat action of meas 1, with opposite footwork and still moving fwd toward cntr.
- 3-4 -- Repeat action of meas 1-2.
- 5-8 -- Repeat action of meas 1-4, but cross ft behind and move bkwd from cntr.
- 9-16 -- Repeat action of meas 1-8.

Figure III

- 1 1 Facing cntr, hop on L, at same time bringing R leg diagonally R.
- 2-3 Hop on L again bringing R ft behind L.

continued...

- | <u>Meas</u> | <u>Cts</u> | |
|-------------|------------|--|
| 2 | 1-3 | Starting R, do 3 small running steps in place, crossing in front on 3rd step (R-L-R). Body swings back and forth in this figure. |
| 3-4 | -- | Repeataction of meas 1-2 reversing direction and footwork (hop R to start). |
| 5-8 | -- | Repeat action of meas 1-4. |
| 9 | 1-3 | Moving slightly twd cntr, do 1 Shope pas-de-basque, starting R. Make knee lift <u>sharp</u> . |
| 10 | 1-3 | Do 1 Shope pas-de-basque, starting L. |
| 11 | 1 | Take 1 large step fwd R. |
| | 2-3 | Hop on R, bringing L knee up, then turning to face slightly to R. |
| 12 | 1-3 | Repeat meas 11, with opposite footwork |
| 13-14 | -- | Do 2 Shope pas-de-basques, starting R, facing cntr (R-L-P;L-R-L). |
| 15-16 | -- | Do two sets of Scissors steps R-L-R, L-R-L, bending forward at the same time. |

Figure IV

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|-------|-----|---|
| 1 | 1 | Hop on L, touching floor fwd and diagonally to R with extended R ft and heel. |
| | 2-3 | Hop again on L, bringing R leg up in Shope style (M bring thigh up parallel |
| | 1 | Hop again on L. |
| | 2 | Step on R alongside of L |
| | 3 | Step on L across in front of R (leave R in place). |
| 3 | 1 | Step on R in place. |
| | 2 | Step on L alongside of R. |
| | 3 | Step on R across in front of L. |
| 4-6 | -- | Repeat action of meas 1-3, reversing direction and footwork. |
| 7 | 1 | Hop on L, touching floor fwd and diagonally to R with extended R ft and heel. |
| | 2-3 | Hop again on L, bringing R leg up in Shope style. |
| 8 | 1-3 | With ft together do three small bounces in place. |
| 9-12 | -- | Repeat action of Figure II, meas 5-8. |
| 13-15 | -- | Repeat action of meas 1-3 above, but end with body facing RLOD. |
| 16 | 1-3 | With ft together do 3 dsmall bounces in place. |