

1986 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Yves Moreau

GLAVNIŠKO ČETVORNO

(Bulgaria)

This dance is from the village of Glavnica in the Pazardžik region (Western Thrace). The most interesting feature of the dance is the alternating time signatures: 16 meas of 2/4 followed by 12 meas of 7/16.

RECORD: Bulgar Dance 002

METER: 2/4 (1-&-2-&) and 7/16 1-2, 1-2, 1-2-3 or QQS

FORMATION: Small circles or lines with belt hold, L over. *if no belts, use "V" pos.*

MEASURE

DESCRIPTION

INTRODUCTION 6 MEAS

PART I - Sideways travel (2/4) *HEAVY WALKING STEPS*

- 1 → Step with R to R (1) step with L to R behind R (2)
- 2 Step with R to R (1) step with L to R in front of R (2)
- 3 Repeat meas 1 *(no double stamp here)*
- 4 Step with R to R (1) Hop on R in place and swing bent L leg up in front of R shin (2)
- 5-8 Repeat meas 1-4 with opp ftwrk and direction

*9-16 Repeat meas 1-8*

PART II - Forward and back (7/16) *BOUNCY & LIGHT*

*(Hops may also be lifts)*

- 1 With weight on L ft, two small hops bending L knee and at the same time hitting R heel fwd twice (1,2) step on R fwd heavily (3) *L lift back & begins to arc sharply fwd*
- 2 Same as meas 1 but with opp ftwrk
- 3 Same as meas 1 and on ct 3, raise L knee high
- 4-6 Go back with "Ratchenitsa" steps L-R-L, R-L-R, L-R-L
- 7-12 Repeat pattern of meas 4-6.

*optional - stamp R before the step (if not)*