

GLOW WORM (America)

There are many versions of this American dance, the real origin of which is unknown. Jane Farwell, well-known recreation leader, has one she calls the *Maine*

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Mixer, which is accompanied by singing. This version follows.

OPENING FORMATION: Couples in a double circle, side by side, with ladies to

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right of men, holding inside hands or crossed hands in front (skater's position).

THE DANCE: WORDS: "Everybody goes to town, pick them up and lay them down."

ACTION: All promenade with a walking step around the circle (8 steps).

WORDS: "Back away and say adieu."

ACTION: Drop hands and walk away from partner (4 steps).

WORDS: "Balance to the right of you."

ACTION: All step towards new partner on the right, by stepping on the right foot, swinging left foot forward. Then step on left foot, swinging right foot forward. This should bring each dancer directly in front of new partner.

WORDS: "Do-si-do and watch her smile."

ACTION: Do a do-si-do with new partner by passing right shoulders. Without turning around, move back-to-back and return to place, passing left shoulders. (8 walking steps.)

WORDS: "Step right up and swing awhile."

ACTION: Face partner again and swing for the remainder of the phrase (8 counts).

Repeat dance from beginning.

Another version of this dance:

OPENING FORMATION: Double circle of

dancers, ladies stand to right of men, inside hands joined, free hand on skirt for lady or on hip for man.

PART 1: Man starts on left foot, lady on right. Walk forward 3 steps and point inside toe. Start on inside foot, walk forward 3 steps and point outside toe.

PART 2: Grapevine step for man: Step on left foot to left. Step on right foot behind left. Step to left on left foot and swing right foot forward.

Grapevine step for lady: Step to right on right foot. Step on left foot behind right. Step to right on right foot and swing left foot forward.

Face partner, join both hands and do the above grapevine step, first to the man's left, lady's right as described; then in the opposite direction, starting on the foot you have just swung.

PART 3: Partners now exchange places, man's right hand holding lady's left hand, with 3 walking steps; point toe on 4th count. Lady may do a twirl under joined hands in cross-over. Now cross back into original places in the same manner with 3 steps, and point.

PART 4: Take ballroom position and do four "two-steps" around the circle.

VARIATION: Swing in place for 8 counts.

This record will fit many other forms of the dance.