

Göktepe/Degirmen

(Turkey)

Göktepe is the name of a village in Bolu. Degirmen means “windmill.”

Pronunciation: GOOK-tah-pah / DAH-eer-mahn

Music:

7/4, 4/4 meter

Formation: Semi-circle of dancers, hands free, two spoons in each hand.

Cts

Pattern

Göktepe

INTRODUCTION. Five meas of drum beats (2/4 rhythm).

FIGURE 1

- 1 Facing ctr, step on R toe in place with straight knees, R arm up about head level, L arm at waist.
 & Step on L in place and bend knees.
 2, & Repeat ftwk of cts 1, & with L arm up and R arm at waist level.

FIGURE 2

Same ftwk as Fig 1.

- 1 Body is bent at waist, R arm crossed over L arm.
 & R arm goes up, L arm goes down.
 2, & L arm goes up, R arm goes down.

FIGURE 3

Same ftwk as Fig 1. Body straightens slowly, arms open to sides slowly.

FIGURE 4

Same ftwk as Fig 1. Make full turn over L shldr with 3 basic steps; R arm up, straight elbow, facing diag R; L arm up, bent elbow. After turn do 4 basic steps; R arm crossed over L, both over head, moving up and down 4 times.

FIGURE 5

Same ftwk as Fig 1. With 3 basic steps, bend body over, arms come down. With 4 basic steps, straighten body up and open arms up, shldr level.

Repeat from the beginning.

DegirmenFIGURE 1

Same ftwk as Göktepe Fig 1. Arms out to sides, shldr level.

FIGURE 2

With 4 steps, make a half turn over L shldr. With 4 steps, make another half turn over R shldr to orig pos.

FIGURE 3

Continue ftwk. Make small movements up and down at shldr level. First R goes down and L goes up.

FIGURE 4

- 1 Jump on both ft and click spoons in front of waist.
- 2-4 Full turn over L shldr with 3 basic steps, L arm i front of waist, R arm down about 45 degrees from floor with straight elbow.
- 5-8 Do regular step in place 4 times and click spoons 4 times.
Repeat Fig 4 from beg.

FIGURE 5

Repeat Fig 1 six times in place to finish the dance.

Presented by Ahmet Lüleci
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