

GONITA  
 (Bănta Căminului) (GON-NEE-TIAH)  
 Romania

*"rinning"* - also a term used to denote a cow in heat

Gonița comes from Mehedința, Oltenia. Presented by Suni Bloland at the 1976 Mendocino Folklore Camp. *knees slightly bent*

Music: 2/4 meter. Record: Nevofoon 15005

Formation: Closed circle of M and W, hands down in a 'V'

Meas. PART A.

- 1-2 Facing cntr, in place step L turning slightly L (ct 1); cross R over (2); step L in place (1); step R to R (2) *w/ R shoulder coming in slightly*
- 3-4 Facing LOD step L(1); close R(2); step L(1); hop on L(2) *w/ R raised in front*
- 5 In LOD, two-step R,L,R (1 & 2)
- 6 In LOD, two-step L,R,L (1 & 2)
- 7-8 In LOD, step R(1), cross L over (2), step R in place (1), hop on R and face cntr (2)
- 9-16 Repeat meas 1-8, at end facing LOD

PART B.

- 1-2 Facing LOD and moving bkwd in RLOD step L,R,L,R (1,2,1,2)
- 3-4 Stepping L and turning to face RLOD (1), cross R in front (2), step L fwd in RLOD (1), hop on L (2) *R raised in front*
- 5 In RLOD, two-step R,L,R (1 & 2)
- 6 In RLOD, two-step L,R,L (1 & 2)
- 7-8 Facing cntr, in place, step R (1), cross L in front (2), step R in place (1), hop on R turning to face LOD (2)
- 9-16 Repeat meas 1-8, at end facing cntr

PART C.

- 1-2 Facing cntr, in place step L(1), cross R in front (2), step L in place (3), step slightly bkwd R (4) *slinging upper body slightly to L*
- 3-4 Moving twd cntr, step L(1), close R(2), step L(3), hop on L(4) *slinging upper body slightly to R*
- 5-6 In place step R(1), cross L in front (2), step R in place (3), step L slightly bkwd (4) *CROSS IN FRONT OF L*
- 7-8 ~~Moving bkwd, step R,L,R (1,2,3), hop on R(4)~~ *AND TURNING TO FACE L (CT 1)*
- 9-16 Repeat meas 1-8

FACING FWD

MOVING BWD STEP

TURNING TO FACE L (CT 1)