

GOOD HUMOR
(English)

Record: Methodist 109

Formation: Single circle of partners all facing center, hands joined.

Action:

1. All into the center on four counts, and back.
Repeat all.
2. Ladies to center, clap once on fourth count. Then walk backward to place.
3. Gents to center on four counts, turn around and return to swing corner.
4. All promenade with new partners.

*

KEGEL QUADRILLE (Skittle Quadrille)
(German)

Record: Rondo RFD 12 Complete directions accompany record.

German Folk Dance from the province of Mecklenburg.

Formation: 4 couples in a square and the 5th couple as skittle in the center. Skittle man faces 1st cpl. and skittle woman faces 3rd cpl.

Meas. 1-8 Hand Tour of the Skittle. Skittle man and 1st woman join right hands and walk once around; at the same time skittle woman and 3rd man ,join right hands and walk once around. Then the skittle couple join left hands in the center and pass each other. Skittle man and 3rd woman and skittle woman and 1st man then do the same. Skittle cpl. finish with man facing 2nd cpl. and woman facing 4th cpl.

Meas. 9-16 Circle clockwise all four cpls. around the skittle.

Meas. 1-8 Hand Tour of the Skittle. Same as above but this time the skittle dances with 2nd and 4th cpls. Skittle ends in starting position.

Meas. 9-16 Circle clockwise as above.

Meas. 17-24 Women's Round. Women with hands on hips walk 8 steps counter-clockwise and 8 steps clockwise inside around the circle.

Meas. 17-24 (repetition) Men's Round. Same as Women's Round. The men clap their hands on the 1st count of measure 17.

Meas. 25-32 Hand Tour of the Skittle. Same as Meas. 1-8 above with 1st and third couples.

Meas. 25-32 Hand Tour of the Skittle continues without interruption with (repetition) 2nd and 4th cpls. Skittle ends in starting formation.

(cont.)