

GOOD OLD DAYS

by Dot and Dale Foster

Couple Mixer

Record: Smash 2010

Also done side by side without partners,

Position: Side by Side, couples facing using same footwork.  
LOD, inside hand held

Footwork: Opposite, Men start L, women start with R, can be done with same footwork.

Introduction: 4 Measures (16 quick counts)

<u>Meas.</u>	<u>Count</u>	<u>Pattern</u>	<u>PART A</u>
1	1-2	Place L heel fwd. Close L to R.	
	3-4	Place R heel fwd. Close R to L.	
2	5	Keep toes together, but separate heels	
	6	Close heels together.	
	7-8	Repeat 5 and 6.	
3-4	9-16	Four slow strutting steps fwd in LOD, L,R,L,R.	
5-8	17-32	Repeat measures 1 - 4.	

PART B

1-2		Charleston step as follows:
	1-2	Step fwd on L ft. Bounce.
	3-4	Kick right foot fwd. Bounce on L ft.
	5-6	Step back on R ft. Bounce.
	7-8	Swing left foot back and touch L toe, Bounce on R ft.
3-4	9-16	Repeat Charleston kick of measures 1-2, part B.
5-8	17-32	Solo turn, away from partners, with 8 slow strutting steps, M moving fwd to next partner if done as a mixer.

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