

GÓRALSKI TANIEC
An Exhibition Dance for Eight Couples
(Poland)

Source: This dance was taught to Madelynn Greene by Joe Smiel who danced it in Eastern Polish Dance Groups.

Music: Record - Biscaye 104B

Formation: Chorale - (Music A Played SLOWLY)

Four couples walk out on to floor (R arm of M around W's waist, W's L arm on M's R shoulder) - W holds skirt with RH - M's LH on hip.

Meas.PatternPart I

- A. 16
(Fast) Four couples enter with a gallop step around outside forming a circle while center 4 couples polka, turning CW in social dance pos.
- A. 16 Inside couples join outside circle reversing dir of polka dancing CCW, as first four dance polka in a CW turn all progressing in LOD.
- B. 16 M leave W and turn diag L twd ctr (swinging arms L bending body fwd.)
(a) Step L, hop L, step R, hop R, L-R (quickly) fall onto L pushing R out to side, R-L-R (quickly) fall onto L pushing R out to side.
(b) Step R, hop R, step L, hop L, R-L-R (quickly) fall onto L pushing R out to side, R-L-R (quickly) fall onto L pushing R out to side.
Repeat (b) 3 times in all. During (a) and (b) the M describe a CCW circle returning at end to own partner. At the same time (W, facing ctr, balance R, L, turning with 4 buzz steps to R in place. (Hs on hips) W facing ctr, balance L, R, " " 4 " " " L " ").
Repeat above 4 times in all.
- C. All face center - W behind M. M click heels 24 times - raise heels on ct. 1 (pigeon toed) and come dn with heels together on ct. 2. On last heel click M turns 1/4 turn to his R and stamps R ft facing LOD as: W balances R, L and pivot turns R, L, R, L diag R to center ending in front of next man.
* Note: Repeat then end behind next M - progressing 6 times and ending 2 M behind her original partner (W continues for the remainder of the dance with this new partner).
- D. 16 Couples with inside Hs joined (outside Hs on hips) - step on outside ft - step swing - Reverse - step swing, step swing - facing each other they do push step (kick step - M's step - L, R, L push R - W's step opposite R, L, R, push L). Both do 4 polka steps (W dances bkwd) turning CW outside Hs held outward, body bent fwd. W's LH on M's R shoulder. RH on waist.
Repeat D.
* Note: This step is done in counter point to the musical phrase.

Part II

- E. 4 Break. M & W clasp inside Hs - both starting on outside ft - do 3 step swings - step inward on inside ft and leap onto outside ft ending against LOD on M's L and W's R ft body in crouched pos with W's R and M's L arm hanging straight from shoulder over clasped inside Hs. This pos is maintained during the following step:

Goralski Taniec

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| <u>Meas.</u> | <u>Pattern</u> |
| F | Both do 8 push away steps - M doing R, L, R, fall onto L ft. pushing R out to side - W doing opposite. 6 times. On 7th step lift outside ft. up behind and leap bkwd, M turning L, W turning R - falling on R ft and M falling on L ft. |
| G | Starting in a crouching pos do 12 low pas de bas steps gradually straightening body with first couple leading the circle out into a straight line. (Leading couple assume ballroom pos and split the line with 12 polka steps. (Second couple lead off, M turning L, W turning R, from two lines (with balance steps. (12). |
| A 16 | <u>Man's Solo</u>
First couple finish in center of line and M throws W out to M's side of line and does solo "Boot Step" (L close L, hop R hop L hop)
(M 8 solo steps) (R close R, hop L hop R hop)
for 16 meas while W struts around - M <u>clicking heels</u> and ignoring W. W's step - feet together, twist both heels to R, in place to L, in place.
<u>Wbman's Solo</u>
As soon as M finishes solo W leaps in to perform "Boot Step" with flashing turns and skirts whirling for 12 meas as M do W's heel shift step as described above - W repeating balance R, L, buzz R 4 steps - repeat reversing ftwk 3 times.

Leading couple ^{to head of} polka out between the column ^(ballroom pos) while lines come together with 4 balance steps and then all dance a Krakowiak turn - hopping on R ft - R hips adjacent - LH high for 12 meas ^{Reverse Krakowiak} - couples gallop in a CCW circle for 8 meas and then in ballroom pos polka out and break formation dancing at will around the floor. |

--presented by Madelynnne Greene
 --notations prepared with assistance of
 Dorothy Tamburini