

Gradmansko oro

(Macedonia)

This dance is from the village of Gradmanci, in the Skopje area. Gradmansko oro is a very beautiful dance with a truly beautiful melody musical accompaniment by gajda, kaval, and drum. This dance is done on the balls of the feet and is rich in balancing movements which come from bending the knees and stepping upon the heels.

Pronunciation:

Cassette:

Rhythm: 7/16 meter (1, 2, 3).

Formation: Mixed line or open circle, hands joined in W-pos.

Meas

Pattern

FIGURE I

- 1 Facing diag CCW, hop on L (ct 1); step fwd on R (cts 2,3).
- 2 Repeat meas 1 with opp ftwk.
- 3 Repeat meas 1.
- 4 Step fwd on L (ct 1); step on R next to L (ct 2); step on L in place (ct 3).
- 5 Repeat meas 4 with opp ftwk.
- 6 Step on L in front of R and face ctr (ct 1); step back on R (cts 2,3).
- 7 Hop on R (ct 1); step on L to L (cts 2,3).
- 8 Repeat meas 6 with opp ftwk and direction.
- 9-10 Repeat meas 7-8 with opp ftwk and direction.
- 11-12 Repeat meas 7-8.

FIGURE II

- 1 Repeat Fig 1, meas 1.
- 2 Step fwd on L (ct 1); hop on L (ct 2); step fwd on R (ct 3).
- 3 Repeat meas 2.
- 4 Step fwd on L (ct 1); small step on R, L fwd (cts 2,3).
- 5 Repeat meas 4 with opp ftwk.
- 6-12 Repeat Fig I, meas 6-12.

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