

1975 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented David Henry

GRAMMENOCHORÍTIKOS

BACKGROUND: A dance from the group of villages west of Ioannina known as the Grammenochórion. The steps resemble those of a Tsámikos.

SOURCE: K. Ziogas, Ioannina, Epiros, 1973

RECORD: Any brisk Tsámikos especially REGAL SREG2139 (B9)

FORMATION: Lines, hands joined at shoulder height.

PATTERN

Meas	Cts	
1	1	Step on R ft, to R, facing somewhat LOD
	and	Rock onto L ft in place
	2	Rock onto R ft in place
	3	Step on L ft across in front of R ft
2	1	Point R ft, twd center, facing that direction
	2	Step on R ft bwd
	3	Hook L ft across in front of R ft
3	1	Step on L fwd towards center
	2	Touch (or lift) R ft just behind and to R of L
	3	Step on R bwd into place
4	1	Hook L ft across in front of R ft
	2	Step L sideways to L
	3	Touch R ft beside and close to L ft.