

# GRAOVSKO HORO

## Bulgaria

This style of dance comes from the Graovo district, near the capital of Sophia, in the Šop region. This dance pattern uses steps from a choreography set for Brigham Young University by Petur Iliev in 1994. The original sequence has been altered to fit this recording, which resulted from a collaboration between Ed Austin and Lyuben Dossev.

TRANSLATION: "Graovo: is a district near Sophia in the Šop area.

PRONUNCIATION: GRAOWV-skoh huh-ROH

FORMATION: Line joined in belt hold, or front basket (R over L).

MUSIC: Statewide, Las Vegas 2001—"Folk Dance Classics"

STYLE: The Šop people are very proud by nature yet their dances remain somewhat heavy in character. The upper body is upright most of the time. Movements are firm and sharp.

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METER: 4/4

PATTERN

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Meas Cts

**INTRODUCTION:** Meas 1-4 (after singing), no action

**Part A: Basic**

- |   |     |  |
|---|-----|--|
| 1 | 1-4 | Jump together (ct 1), run R-L (cts & 2), Repeat (cts 3 & 4).   |
| 2 | 5-8 | Run R-L-R (cts 5-&-6), run L-R- L (cts 7-&-8).   |
| 3 | 1-4 | Leap R leaning fwd (ct 1), step L behind R standing upright (ct 2), leap R with L heel placed fwd (ct 3), hop R bringing L hl up & out to side (ct 4). |
| 4 | 5-8 | With knees together-legs flinging out: Step L-R-L (cts 5-&-6), hop L cutting R in front of L (ct 7), step R-L (cts &-8).                               |

**Part B: Step & cross**

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|---|-----|--|
| 1 | 1-2 | Facing ctr and moving fwd, do a čukče on L as R toe touches diag fwd (ct 1), do a 2 <sup>nd</sup> čukče on L as R lifts (ct &), step R in front of L (ct 2). |
|   | 3-4 | Reverse meas 1.  |
| 2 | 5-6 | Repeat meas 1.   |
|   | 7-8 | Jump both (ct 7), leap to L/Lift R (ct 8).   |
| 3 | 1-4 | Pushing, as in braking, with a cross in front: push R-step R (ct &-1), push L-step L (ct & 2), repeat (cts & 3-&-4)  |
| 4 | 5-6 | Repeat meas 3 cts 1-2 (cts & 5 & 6)  |
|   | 7-8 | Push R-jump both (ct &7), leap to L/lift R (ct 8)  |

**Part C: Kicks**

- 1-2 1-8 Repeat Part A, meas 1-2.
- 3-4 1-2 Step R kick L to side (ct 1-2).  
3-6 Kick L-step L-R (3-&-4), repeat (ct 5-&-6).  
7-8 Kick L-step L-place R heel across in front of L bending low (7-&-8).
- 5-6 1-2 Place R heel to R straightening L leg (ct 1), touch R behind bending L leg (ct 2).  
3-4 Bounce L heel (ct 3), step R in front of L (ct &), step L (ct 4).  
5-6 Bounce L heel (ct 5), step R behind L (ct &) step L (ct 6).  
7-8 2 Bounces on L hl lift while bring R across in front of L and straightening body (cts 7-&), step R in front of L (ct 8).
- 7 1-4 Step L-heel R (ct &-1), step R (ct &), step L in front of R (ct 2), reverse (cts 3-4).
- 8 5-6 Repeat meas 7 cts 1-2 (cts 5-6).  
7-8 Jump both (ct 7), lift R (ct 8).

**SEQUENCE:**

- A (x2), B (x2)**  
**A (x3), B (x2), C**  
**A (x2), B (x2), C**  
**B (x2), A (x3), B (x2)**

Dance notes by Ed Austin, 5-01

Presented by Ed Austin  
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