

Pronounced GROW-se RUN-deh meaning Big Circle

Source Learned in Germany by Jane Farwell Hinrich; taught at Camp Idlewilde Texas in April 1963.

Notes One of many dances now popular among folk and recreation groups in Germany, Grose Runde has steps used in other new dances from Germany, i.e., the Heideschritt step from Das Fenster and a jig step used in Heilsberger Dreieck.

Music 2/4 time. Recording Tanzen der Volker T-72949.

Formation Circle of couples, men keeping ladies on the right. Mixer.

FIGURES

Meas.
1-4

I. HEIDESCHRITT CIRCLE

All facing in, hands joined, take one Heideschritt step into the center of the circle and one HS step out. Men start with L foot, W with R. The Heideschritt step is rather a limping step beginning by taking a long lead with the starting foot (a slight dip) and bringing the other foot up to or slightly ahead of the starting foot. Repeat this once; then take four quick walking steps.

5-8

Taking partner in ballroom position with left hips adjacent, take two HS steps CCW around the circle.

9-16

II. GRAND RIGHT AND LEFT AND HAND-TOUR

Counting partner as one, give right hand to partner, left to the next girl, and continue in a grand right and left until reaching the fifth girl. With the fifth girl do a "hand-tour," i.e., taking right hands with elbows touching, walk around this partner and if desired, balance away on the last count.

17-24

Repeat measures 9-16.

25-32

III. JIG STEP AND POLKA

Facing partners (M facing CCW; W facing CW around the circle) each person, starting with left foot, do two jig steps--one to the left, then to the right. (The Jig Step is simply a step left, step behind with right, and three light steps in place. This is repeated to the right, starting with the right foot.) Take four polka steps around the circle with partner in ballroom position.

33-40

Repeat measures 25-32.



Jimmy Drury
Takafoka 1977