

ATLANTIC MIXER

Record: Tanz SP 23 050 a - 45 rpm.

Formation: Couples in Varsovienne position around the circle.

Introduction: 8 counts

THE DANCE

1. Couples in Varsovienne position promenade around the ring 16 steps.
2. Men keep marching ahead, ladies about face and go the other way 16 counts, all clapping own hands .
3. Take nearest partner (go to center -- lost and found departent -- if you can't find anyone) and turn new partner with R hand around 8 counts, then L hand round 8 counts.
4. Face this same partner and balance R and L and R and L and then swing in closed position.
5. Then take Varsovienne position and begin the dance from the beginning.