

ATLANTIC MIXER

Record: Tanz SP 23 050 a - 45 rpm.

Formation: Couples in Varsovienné position around the circle

Introduction: 8 counts.

THE DANCE:

1. Couples in Varsovienné position promenade around the ring 16 steps.
2. Men keep marching ahead, ladies about face and go the other way 16 counts, all clapping own hands.
3. Take nearest partner (go to center -- lost and found department -- if you can't find anyone) and turn new partner with R hand around 8 counts, then L hand round 8 counts.
4. Face this same partner and balance R and L and R and L and then swing in closed position.
5. Then take Varsovienné position and begin the dance from the beginning.

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as presented by Jerry Joris, Summer of  
1975 - Lighted Lantern Folk Dance Camp.

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